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# Emergency Phone List

**Always dial 911 first.** The phone numbers below are for the appropriate non-emergency County Sheriff or search and rescue dispatch in the event you receive no response on 911.

<b><u>Mountain</u></b>	<b><u>Route</u></b>	<b><u>Notify</u></b>	<b><u>Phone</u></b>
Mt. Hood	South/West	Clackamas Cnty. Sheriff	503-655-8211
Mt. Hood	North/East	Hood River Cnty Sheriff	541-386-2711
Mt. St. Helens	All	Skamania Cnty Sheriff	509-427-9490
Mt. Adams	All	Yakima Cnty Sheriff	509-574-2500
3 Fingered Jack	All	Linn County Sheriff	541-967-3950
Mt. Washington	All	Linn County Sheriff	541-967-3950
Mt. Jefferson	Whitewater	Marion Cnty Sheriff	503-588-5032
Mt. Jefferson	South Park	Linn County Sheriff	541-967-3950
Three Sisters	All	Deschutes Cnty Sheriff	541-693-6911
Broken Top	All	Deschutes Cnty Sheriff	541-693-6911
Mt. Rainier NP	All Peaks	MRNP Dispatch	360-569-2211 x2334
Mt. Rainier NP	After Hours	Pierce County Sheriff	253-798-4722
Olympic NP	All Peaks	ONP Dispatch	360-565-3115
N. Cascades NP	All Peaks	Marblemount Dispatch	360-854-7249
Glacier Peak	All	Snohomish Sheriff	425-388-3328
Mt. Stuart	All	Chelan Cnty Sheriff	509-667-6400
Mt. Baker	All	Whatcom Cnty Sheriff	360-676-6650
Mt. Shasta	All	Siskiyou Cnty Sheriff	530-841-2900
Mt. Shuksan	All	Marblemount Dispatch	360-854-7249

This list was last revised on December 1, 2013. For any peak not listed above notify the County Sheriff of the county in which the accident has occurred **or CALL 911.**

## Assumption of Risk

The Chemeketans is an outdoor recreation club, not a mountain guide service. Chemeketan climb leaders and assistants are climb facilitators, helping to organize and lead climbs. They are not climbing guides with appropriate certifications and professional liability insurance.

### **Climbers should:**

1. Reserve their judgment and climb in an alert and questioning manner, not blindly placing their faith in the judgment of the leader and assistants.
2. Ask a question when they do not understand what is going on.
3. Notify the leader if they feel unsafe and require a belay or if they feel the climb is too dangerous for them to continue.
4. Climb as a team recognizing that there is safety in numbers. Participants are expected to stop at all trail junctions and allow stragglers to regroup before proceeding.
5. Notify the leader of all existing and potential medical or health conditions that may affect you.

### **When climbers sign the liability release they:**

1. Agree to assume all risks associated with the activity including travel to and from the activity.

2. Understand that Chemeketan climbs are potentially dangerous activities and that accidents or illness can and do occur in remote locations where access to qualified emergency medical personnel is not readily available.
3. Agree to pay for their own medical and/or rescue expenses, whether or not authorized by the participant in the event of accident or illness.

## Awards

The purpose of the Chemeketan climbing award system is to recognize those members possessed of the stamina, will power, and enterprise necessary to climb to the top of a difficult mountain.

Awards are given on request for certain climbs, as follows:

**First Ascent:** A climber's first ascent of any Chemeketan award peak.

**Eighteen Northwest Peaks Award:** The nine Oregon Cascade Peaks plus Mt. Shasta, Mt. St. Helens, Mt. Adams, Mt. Rainier, Mt. Stuart, Mt. Olympus, Glacier Peak, Mt. Baker, and Mt. Shuksan.

A member wishing to receive a Chemeketan climbing award must apply to the Climbing Committee Chair(s) and must submit proofs of climbs such as summit certificates or Club Bulletin listings.

All climbs applied toward a Chemeketan climbing award must be scheduled Chemeketan climbs except for the 18 Peak Award for which up to six of the climbs may be made under the auspices of a fellow Federation of Western Outdoor Clubs (FWOC) member club.

A distinctive plaque shall be awarded to members who have climbed the designated 18 Northwest Peaks.

## Guidelines for Climb Leaders

### Before The Climb

1. Research the route using available guidebooks and references, and obtain current maps of the route and approach.
2. Advertise the approved climb by submitting climb information to the newsletter bulletin editor for publication prior to the date of the activity. Climbs are encouraged to be advertised for a minimum of fourteen (14) calendar days prior to the date of the activity. The purpose of the minimum advertising time is to allow a fair opportunity to all club members to sign up for the activity and to allow for sufficient time for the Leader to prepare for the trip. Use of the climber e-Group is encouraged for late notice climbs at:  
[chemeketan-climbers@yahoogroups.com](mailto:chemeketan-climbers@yahoogroups.com)
3. Select the climb participants with regard to experience, skill level, appropriate training, and level of physical, emotional, and mental fitness.
4. Create a prospectus and send it to all participants that contains the trip itinerary, participant's names, participants contact information, and emergency contacts such as the local ranger station phone, etc. See Sample Prospectus.
5. Communicate with all participants to:
  - a. Insure that they understand what is expected of them
  - b. Inform them of personal equipment that is required
  - c. Learn any special medical conditions that they may have
  - d. Communicate transportation plans to and from the

trailhead

- e. Establish the minimum level of participation that is required
- f. Determine if any party members have special medical training.
6. Obtain the proper club equipment (ropes, pickets, etc.) and summit certificates from the quartermaster.
7. Meet with inexperienced participants as needed to assure that they have the proper equipment, clothing, and skills.
8. Establish a local (in town) emergency contact that will communicate with the participant's families in the event of an accident. Leave a copy of the prospectus and participants' phone numbers with the local contact.
9. Contact local rangers to confirm the emergency phone list number and obtain the most current general mountain conditions and the specific route conditions.
10. Research short and long term weather forecasts and avalanche conditions.
11. Obtain a copy of the Release from Liability form from the website.
12. Obtain USFS/NPS permits if required for the climb. Check any restrictions that may apply such as maximum party size. All participants must adhere to the requirements of the controlling authority during club activities.
13. Secure the participation of a Club approved Climb Assistant or Co-Leader when appropriate (i.e. due to route, party size or nature, trip type, etc.) for the purpose of assisting the trip Leader during the activity.
14. Provisional Leader must secure the participation of a Supervising Leader for a climb to be an official Club climb.

### **During The Climb**

1. Sign in and complete any climb registration forms and permits as required by the controlling authority.
2. Begin and end the climb at the appointed place (e.g. trailhead).
3. Establish a turn-around time that will allow for a reasonable margin of safety.
4. Check participants for the appropriate equipment, clothing, and the 10 essentials.
5. Maintain control of the climb by setting the pace, checking on the climbers periodically, and keeping the party together.
6. Recommend that helmets be worn in any situation warranted by falling rock, ice, or other debris, or likelihood of a climber fall.
7. Evaluate the need for ropes and protection.
8. Monitor weather, party, and route conditions. Turn back if conditions warrant (e.g., rock fall, adverse weather, snow conditions, avalanche risk or medical problems).
9. Determine if participants are capable of completing the route if conditions warrant a change from the scheduled route.
10. Verify that all climbers have returned safely to the appointed place (e.g. trailhead).
11. If the leader becomes unable to perform leadership duties, turn leadership authority over to the Co-Leader, Climb Assistant or when neither is available, a capable participant.

### **After The Climb**

1. Leave a clean camp. Pack it out.
2. Sign out at the Ranger station or other location where you left a climb registration form.
3. Accidents must be reported to the Climbing Chairperson(s) as soon as practicable.
4. Return ropes and other club equipment following the climb so they are available to other climb leaders.
5. Notify the Climbing Chairperson(s) of the number of participants and the number that summited.
6. Prepare an activity report and submit it to the bulletin editor for publication.
7. Sign and distribute Summit Certificates to all successful participants.

# Managing Emergencies

## Ill or Injured Persons

1. Stop and think. In an emergency situation you will need to battle panic. Pull yourself together, take a deep breath and do not blindly proceed without thinking things through.
2. Survey the scene. Do not put yourself or other members of your party at risk in order to reach the victim. Rescuer safety comes first.
3. Reassure and comfort the victim using your best bedside manner; it's the best medicine you can give.
4. If a spinal injury is suspected, do not move the individual unless the safety of the victim requires it.
5. Determine if any member of the party has special medical training and if anyone is carrying a cell phone.
6. Use the First Aid Report form to do a thorough victim assessment and administer whatever first aid is necessary.
7. Assign a monitor to be at the ill/injured person's side constantly, reassuring the victim and recording vital signs.
8. Collect available non-prescription pain medications from group resources as needed.
9. Have your best map person locate your position on the map and check it with the leader and assistant leader.
10. If an evacuation of the victim is necessary, attempt to call 911 with a cell phone and communicate your position and the condition of the victim.
11. Determine if the group can get the person out safely. If not, send two capable people and a map expert out. One of the three gets to a phone with the map person and one stays at the trailhead to mark its location. Be certain the people you send out have money for the telephone, car keys, directions to the nearest help and a completed Rescue Request form. Tell them to pace themselves going out so that they don't end up adding to the emergency. The map expert's job is to communicate an accurate location of the victim(s) and remainder of party.
12. If there are only three in your party, one person goes out and one remains with the ill/injured person. This is why the recommended minimum number for a trip is three.

## Lost Person

1. Try to make voice contact with the individual using a group yell.
2. Begin a search. Keep part of the group (with leader or assistant leader) at or near the location where the person was last seen. The other part of the group (with leader or assistant leader) should hike up and down the trail and around the area attempting to make voice contact, always keeping in contact with each other. This group will then return to the original location to join the rest of the party.
3. If your search is unsuccessful, leave two people at the location where the person was last seen and have the rest of the party seek assistance.

## Managing an Unplanned Overnight Stay

1. Maintain a calm, positive attitude.
2. Take steps to keep everyone as warm and dry as possible.
3. Find a safe, protected place to camp.
4. Gather any dry wood before dark and don't waste it.
5. Pool your resources: food, water, clothing, shelter, etc.
6. Continuously monitor each individual's physical and mental condition.

### **Communication after the Emergency**

1. Contact the club President or an Executive Council member immediately after the incident.
2. Call, or have the council representative call, the ill/injured person's family/emergency contact person and keep them up to date on what is happening.
3. Refer all media questions to President/Executive Council/club spokesperson.

## **People Problems**

**Problem Participants:** Any behavior endangering the group's safety or cohesiveness must be addressed. Advise the person(s) that if the behavior is not corrected they will be signed off the trip. Document the incident and report any such misbehavior to the Executive Council.

**Tagalongs:** Everyone must sign the club liability waiver. If someone does not sign in with the group but follows along, tell him/her, in front of the others, that he/she must sign the liability waiver or they will not be considered a participant in the climb.

**Leaving the Group:** Inform the individual, in front of the group, that he/she must stay with the group. Otherwise, he/she will no longer be considered a participant on the climb.

**Drugs/alcohol/firearms:** These items are not allowed and are grounds for being signed off the trip and reported to the climbing co-chairs and the Executive Council.

**Problem Leaders:** If a participant feels that a leader acted inappropriately, the leader should be reported to the climbing co- chairs and the Executive Council.

## **Chemeketan Climbing Classification System**

The Chemeketan Climbing Classification System (CCCS) described below is intended to provide anyone interested in participating in a scheduled Chemeketan climb with basic information on the type (i.e., rock, snow, mixed) and difficulty (i.e., levels 1,2, and 3) of the climb. Following is a brief description of the CCCS:

- **Snow (S):** Primarily a snow climb, usually involving moderate to steep snow, crevassed glaciers, and knowledge and use of an ice axe, crampons, and roped travel.
- **Rock (R):** Primarily a rock climb, usually involving more technical climbing knowledge, training, rappelling, and use of leader-placed anchors and protection.
- **Mixed (M):** A mixed rock and snow climb in which both rock and snow are likely to be encountered during the climb, and knowledge and techniques applicable to both types of climbing are required.
- **Crag (C):** A crag climb has multiple options for single or multi-pitch routes, guided by the Crag Rating System, and the execution of the climb requires limited logistics. Lead climb and multi-pitch opportunities are at the discretion of the Crag Leader and composition of the team
- **Unrated (U):** usually a climb which isn't really difficult enough to get one of the ratings above. This rating is typically associated with Scramble Summits led by Assistant Climb Leaders.

In addition, Chemeketan climbs are rated according to the amount of experience necessary for a climber to participate in a particular climb. The three levels of climbing experience for Chemeketan climbs are as follows:

- **(U) Scramble Summits-** This program allows Chemeketan Assistant Leaders to lead non-technical climbs. Non-technical climbs refer to those that do not require technical gear to reach the summit (rope work, ice axe, crampons, etc.). However, the use of a helmet is acceptable and encouraged when applicable. There is no formal climb experience or training required to participate, but participants should be in good enough physical condition to participate in the climb. Acceptance onto a scramble summit climb is at the discretion of the organizer.
- **Level 1-**Participants have successfully completed (i.e., attended all sessions) of the Chemeketan Basic Climb School or an equivalent climb school (Mazamas, Obsidians, Mountaineers, Rainier Mountaineering, Inc., etc.). Crag climbs in this range are typically 5.8 or less and on top rope. *Note: The (\*) added to any posted climbs (ex. Middle Sister, S1\*) indicates the climb is acceptable for first year climb school graduates.*
- **Level 2-**Participants have successfully completed the Chemeketan Basic Climb School (or a suitable equivalent) and have successfully completed a Chemeketan climb of the same category (i.e., Snow, Rock or Mixed). Crag climbs in this rating are typically 5.10 or lower, and the crag leader may allow skilled climbers (climbers that have completed a the "Introduction to Sport Climbing" Chemeketan class, or obtain a lead certification from a local climbing gym) to lead climb sport routes. Additionally, crags at this level may include multi-pitch routes
- **Level 3-**Participants have successfully completed the Chemeketan Basic Climb School (or a suitable equivalent) and have successfully completed a Chemeketan climb of the same category (i.e., Snow, Rock or Mixed), while demonstrating climbing skill and judgement appropriate for the specific route under consideration. The individual climb leader will determine the level of climbing skill and judgement required for the route, and the eligibility of a climber to participate in the climb. Crag climbs in this rating will require a skilled team where the climbing may be above 5.10. Proficient multi-pitch or traditional climbing skills are likely required. Crag participants will likely need to be able to lead climb on sport routes, and follow traditional climbing routes.

Climbs listed in the Chemeketan climbing schedule are rated according to the type and difficulty to enable climbers to more easily determine if they are qualified for a particular climb. For example, U would be physically demanding with no technical sections requiring protection (South Sister); a climb rated S-1 would be a relatively easy snow climb (e.g. Mt. Hood, South Side); R-2 would be a fairly difficult rock climb (e.g. Mt. Stuart, West Ridge); and M-3 would be a difficult mixed climb (e.g. Mt. Shuksan, North Face).

# Climb Leadership

Competent leaders are necessary to minimize the inherent risks of climbing. The Climbing Committee, composed of the current Chemeketan Climb Leaders, is responsible for granting climb leadership status. There are five levels of climb leadership: Climb Assistant, Provisional Crag Leader, Crag Leader, Provisional Alpine Leader and Alpine Leader.

## Minimum Leadership Requirements

The following minimum standards have been established for all levels of climb leadership.

1. Must be a current Chemeketan club member.
2. Must be at least 18 years of age.
3. Must possess a current American Red Cross Standard First Aid and Adult CPR certification, or equivalent.
4. Should have served an instructional role in the field sessions of the annual Chemeketan Climb School.
5. Must maintain a minimum level of participation on Chemeketan club activities (climbs, instructional role, etc.).

Status	Minimum Participation
<b>Assistant</b>	Must assist at least two climbs or crag outings every two years. Assistants may but are not required to lead U-Rated climbs (Scramble Summits) as specified by the scramble summit guidelines.
<b>Provisional Crag Leader</b>	Must lead at least four crag outings with an observing Crag or Alpine Leader. If minimum qualifications are not met in a two-year period, applicant must re-apply for Provisional Crag Leader status.
<b>Crag Leader</b>	Should lead at least four crag outings every two years. Supervising a provisional crag leader counts as a lead.
<b>Provisional Alpine Leader</b>	Must lead at least two climbs per type of qualification every two years, one of which must be an overnight climb. If minimum qualifications are not met in a two-year period, applicant must re-apply for Provisional Leader status.
<b>Alpine Leader</b>	Should lead at least four climbs every two years. Supervising a provisional leader counts as a lead.

\*\*Mixed climbs count for both snow and rock.

## **Application for Climb Leadership Status**

To be considered for any level of climb leadership candidates must submit a letter of application in writing or by email to the Climbing Co-Chairs. The letter of application should include:

- Leadership status for which the candidate is applying
- Relevant climbing experience to include: climb, date, leader, candidate's capacity
- Copy of first aid certification
- A cover letter that describes why you are applying
- A copy of the Assistant Leadership Skills checklist is required when starting the Leadership track. Additional skills outlined in this document are expected of the candidate to know, but may not require demonstration.

## **Leadership Review Meeting**

The Climbing Co-Chairs will review and approve Assistant Leader applications as they are received. It is advised the Climbing Co-Chairs inform the Climb Leaders of the Assistant Leader applicants via electronic communication to gather input or objections.

The Climbing Co-Chairs will convene a meeting of the current Chemeketan Climb Leaders to review applications for advanced climb leadership (advanced climb leadership includes all leadership above Assistant Leader). The Climb Leaders in attendance will review and discuss the applicant's qualifications and either award the requested status or recommend further experience by a simple majority vote. These reviews are not open to the Club membership or to the candidates being reviewed. The candidates will be notified of the results as soon as practical. Leadership Reviews normally take place during a portion of a regularly scheduled meeting of the climb leadership.

## **Climb Assistant Candidates**

1. Must have completed the Chemeketan Climb School or equivalent.
2. Must have successfully participated in at least three Chemeketan climbs or crag outings; two for each type of qualification (mixed climbs count for both snow and rock). These climbs should have been led by at least two different Climb Leaders.
3. Must demonstrate the minimum skills listed in Climb Assistant Skills section of this document.

A candidate with extensive climb leading experience may be granted Climb Assistant status without satisfying these requirements.

## **Provisional Crag Leader Candidates**

1. Must be a current Chemeketan Climb Assistant.
2. Must have successfully participated in at least four Chemeketan crag outings.
3. Must have assisted at least three Chemeketan climbs or crag outings. These climbs should have been led by at least two different Climb Leaders.

A candidate with extensive climb leading experience may be granted Provisional Chemeketan Climb Leader status without satisfying the above requirements.

## **Crag Leader Candidates**

1. Must be a current Provisional Crag Leader.
2. Must have successfully led at least four Chemeketan crag outings. These climbs should have been observed by at least two different Climb Leaders.
3. A candidate who was previously a Chemeketan Climb Leader may be reinstated without having to repeat supervised climbs.
4. A candidate with extensive climb leading experience may be granted Chemeketan Crag Leader status without satisfying the above requirements.

## **Provisional Alpine Leader Candidates**

1. Must be a current Chemeketan Climb Assistant.
2. Must have successfully participated in at least six Chemeketan climbs; three in each type of qualification (mixed climbs count for both snow and rock).
3. Must have assisted at least three Chemeketan climbs; two in each type of qualification (mixed climbs count for both snow and rock). These climbs should have been led by at least two different Climb Leaders.

A candidate with extensive climb leading experience may be granted Provisional Alpine Leader status without satisfying the above requirements.

## **Alpine Leader Candidates**

1. Must be a current Chemeketan Provisional Alpine Leader.
2. Must have led at least three Chemeketan climbs; two in each type of qualification (mixed climbs count for both snow and rock). At least one of the climbs must be an overnigher. A Chemeketan Climb Leader must supervise these climbs. Use of the same Supervising Leader for all provisional climbs is discouraged.
3. A candidate who was previously a Chemeketan Climb Leader may be reinstated without having to repeat supervised climbs.
4. A candidate with extensive climb leading experience may be granted Chemeketan Climb Leader status without satisfying the above requirements.

## **Evaluation Forms**

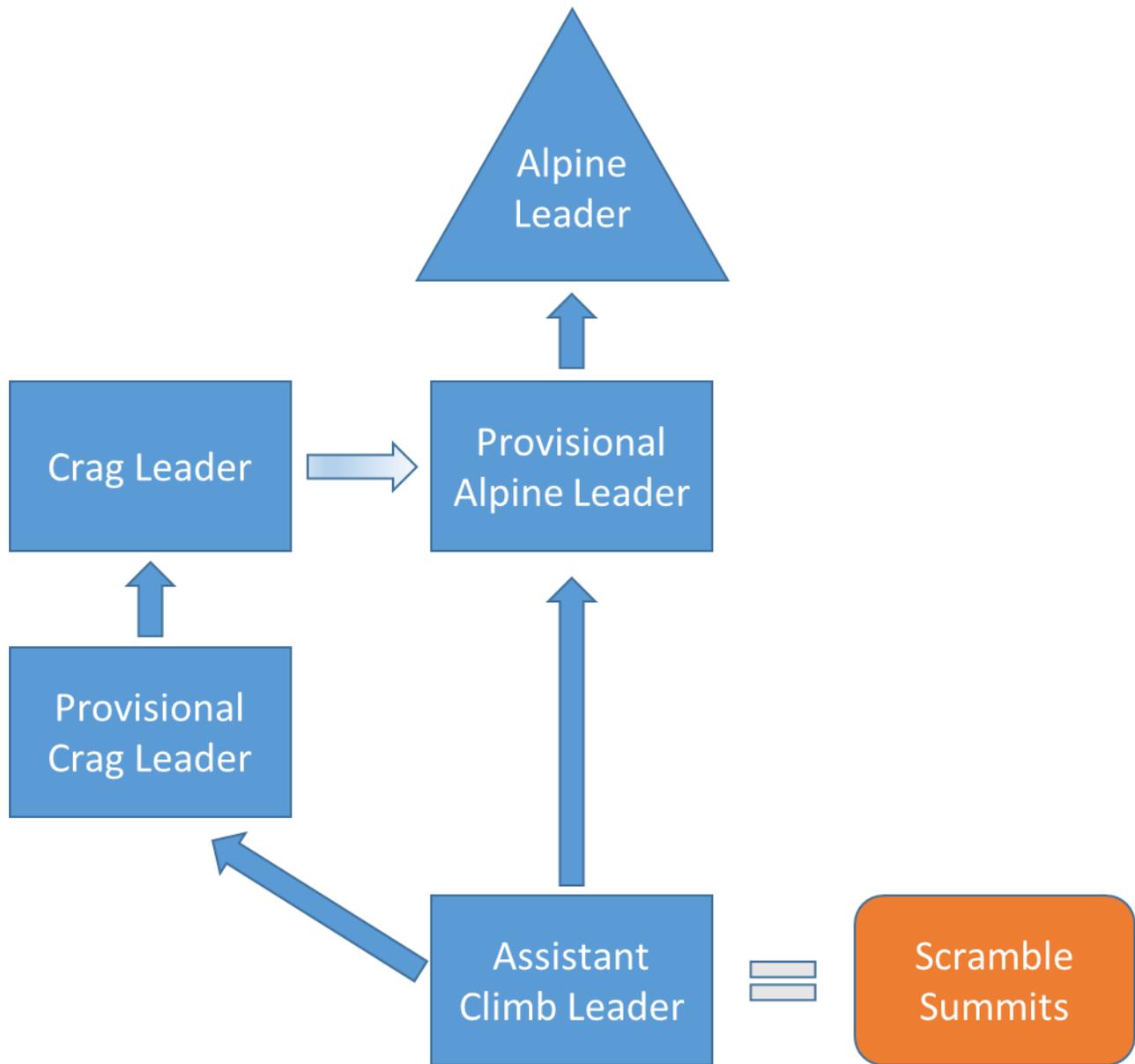
Feedback is an important part of leadership training. Forms for evaluating the Provisional Climb Leader and Climb Assistant are available on the club's website. These evaluations are useful when considering promotion during Leadership Reviews. It is the mentoring leader's responsibility to submit a written evaluation to the Climbing Co-Chairs.

## **Training Reimbursement**

The Climbing Committee has chosen to encourage Climb Leaders and Climb Assistant Leaders to pursue additional training by reimbursing a portion of their training expenses.

Application for such reimbursement must be made in writing to the climbing co- chairs for review and approval upon successful completion of the training. Generally, a 50% reimbursement will be granted depending on funds available and the value of the training to the club. Approved reimbursement requests will be submitted to the club's Executive Council for final approval and payment.

### Climb Leadership Paths:



# Assistant Leader Skills:

## **CHEMEKETANS ASSISTANT CLIMB LEADER SKILLS CHECKLIST**

The purpose of this form is to give Assistant Climb Leaders an outline of the minimum skills expected of their position. No list of criteria alone is sufficient to ensure an individual is capable of leading. These basic skills, combined with practical experience, form the foundation for the ever-evolving leader. Assistant Climb Leader applicants should complete this form and attach it to your leadership application.

This checklist is designed as a starting point for skill development and is not intended as a definitive measure of competence.

- Skills may be demonstrated to Full Leader(s) in formal or informal settings
- Obtain signature from Full Leader(s) for each section
- Submit with Assistant Leader Application (if applicable)
- Update required in two years, if inactive

### **Knots:**

- |  |   |
|--|---|
| <input type="checkbox"/> Prusik Knot           | <input type="checkbox"/> Double Fisherman |
| <input type="checkbox"/> Figure 8 Knot         | <input type="checkbox"/> Figure 8 Bend    |
| <input type="checkbox"/> Figure 8 on a bight   | <input type="checkbox"/> Clove Hitch      |
| <input type="checkbox"/> Girth Hitch           | <input type="checkbox"/> Munter Hitch     |
| <input type="checkbox"/> Water Knot            | <input type="checkbox"/> Figure 8 Follow  |
| <input type="checkbox"/> Alpine Butterfly loop | <input type="checkbox"/> Through          |

Leader Sign/Date: \_\_\_\_\_

### **Rope Management Skills:**

- Flake
- Coil
- Clip through fixed anchor – rock and snow
- Glacier travel setup – harness/gear, prepare rope
- Roped glacier travel – manage slack, switchbacks
- Ascend vertical fixed line on a prusik knot
- Lead Belay
- Belay commands/communication\*\*
- Rappel

Leader Sign/Date: \_\_\_\_\_

### **Anchor Building:**

- Basic Belay Anchor
- Basic Rappel Anchor
- Bolted top rope – equalized
- Picket/Deadman Placements

Leader Sign/Date: \_\_\_\_\_

### **Navigation:**

- Basic map and compass
- Basic GPS Knowledge
- Basic route research

Leader Sign/Date: \_\_\_\_\_

### **Safety/Rescue:**

- Valid CPR & First Aid certifications
- Self-Arrest
- Basic Crevasse Rescue

Leader Sign/Date: \_\_\_\_\_

### **Intangibles**

Intangible leadership traits can be developed over time. Successful Assistant Leaders have a positive attitude, a desire to learn, and a willingness to follow instructions. They help others grow, work well within a team setting, and efficiently help Leaders manage both groups and individuals. Assistant Leaders are encouraged to proactively seek out Leaders and offer to assist in leadership activities during climbs and other club functions.

### **\*\*Accepted Belay Commands & Terminology**

Use individual's name when climbing in crowded areas or when confusion could result.

#### **Climber**

On belay  
Climbing  
Up rope  
Take  
Slack  
That's me  
Ready to lower  
Off belay

#### **Belayer**

Belay is on  
Climb on  
  
  
  
  
Lowering  
Belay is off

### **Capabilities:**

Assistant Climb Leaders can lead Scramble Summits.

# Chemeketan Scramble Summit Program

Updated 1/31/17

This program allows Chemeketan Assistant Leaders to lead non-technical climbs. Non-technical climbs refer to those that do not require technical gear to reach the summit (rope work, ice axe, crampons, etc.). However, the use of a helmet is acceptable and encouraged when applicable.

The primary objectives of this program are:

1. Provide a meaningful training program for upcoming club leaders.
2. Provide more non-technical climbs for new climbers.

## **Sponsorship:**

1. The Assistant Leader must enlist a full leader to sponsor their climb.
2. It is the sponsor's option to participate in the climb.
3. Assistant Leader must keep the sponsor informed during pre-climb planning; including:
  - a. Prospectus development
  - b. Climb team and climb assistant selection
  - c. Pre-climb check-in (route conditions, weather, final roster, etc.)
4. Sponsor makes the final "Go-No Go" decision on the climb based on the expected conditions, weather, and their own comfort level with the leader and team.
5. After the climb, the Assistant Leader will submit a climb report to the sponsor including:
  - a. final roster of climbers
  - b. synopsis of climb, including positives and negatives
6. Sponsor will assess success of the climb based on the climb report, follow up with climb team (optional), and their own success criteria.

## **Requesting to Lead a Peak:**

1. The assistant may look at the suggested list of climbs below or find an appropriate climb not listed.
2. Assistant Leader must find a sponsor for the climb.
3. The peak application to a sponsoring leader should include (but not be limited to) route info, rough itinerary, estimated date, map, links to summitpost/relevant trip reports, any personal experience with area, identification of potential issues (i.e. route finding challenges, water issues, etc.).

## **Scramble Summit List:**

1. The list is suggested climbs and not inclusive of all scramble summits.
2. The suggested list will be maintained by the Climbing Committee.
3. Climb Leaders may make recommendations based on personal knowledge of routes.
4. Assistant Leaders may petition to have a peak added to the official list.
5. The Climbing Committee will determine when a peak should be added/removed from the list.

**Suggested Scramble Summit Peaks (updated 1/31/17):**

Oregon Peaks:  
South Sister  
Diamond Peak  
Mt Mcloughlin  
Mt. Bailey  
Sacajawea  
Matterhorn  
Eagle Cap  
Elkhorn

Washington Peaks:  
Mt. Ellinor  
Mt. St. Helens  
Yellow Aster Butte  
Granite Peak  
Mt. Maude  
7 Finger Jack  
Chikamin  
Hidden Lake Peak

**Provisional Crag Leader Skills:**

**CHEMEKETANS PROVISIONAL CRAG LEADER SKILLS CHECKLIST**

The purpose of this form is to give Provisional Crag Leaders an outline of the minimum skills expected of their position. No list of criteria alone is sufficient to ensure an individual is capable of leading. These basic skills, combined with practical experience, form the foundation for the ever-evolving leader. Provisional Crag Leader applicants should complete this form and attach it to your leadership application.

\*\*The Provisional Crag Leader skills include all the rock and leadership skills outlined in the Assistant Climb Leader skills checklist, plus the additional skills below.

**Knots:**

- Bowline
- Auto-Block
- Munter Mule Hitch
- Double Bowline
- Klemheist

**Rope Management Skills:**

- Belaying a leader
- Belaying from above (direct, redirect)
- Rappel with Auto-block

**Anchor Building:**

- Multidirectional Belay anchors
- Sliding X w/ limiter knots
- Cordelette
- Equalette

**Safety/Rescue:**

- Escape the belay
- Pass the knot
- Z-Pulley
- Know what back clipping is
- Know what z-clipping is

**Capabilities:**

Provisional Crag Leaders should be able to lead single or multi-pitch sport routes, and should be developing traditional climbing skills.

## Crag Leader Skills:

### **CHEMEKETANS CRAG LEADER SKILLS CHECKLIST**

The purpose of this form is to give Crag Leaders an outline of the minimum skills expected of their position. No list of criteria alone is sufficient to ensure an individual is capable of leading. These basic skills, combined with practical experience, form the foundation for the ever-evolving leader. Crag Leader applicants should complete this form and attach it to your leadership application.

\*\*The Crag Leader skills include all the rock and leadership skills outlined in the Provisional Crag Leader skills checklist, plus the additional skills below.

#### **Capabilities:**

Crag Leaders should be able to lead single or multi-pitch sport routes, and is highly encouraged to be leading traditional climbing routes.

## Provisional Alpine Leader Skills:

### **CHEMEKETANS PROVISIONAL ALPINE LEADER SKILLS CHECKLIST**

The purpose of this form is to give Provisional Alpine Leaders an outline of the minimum skills expected of their position. No list of criteria alone is sufficient to ensure an individual is capable of leading. These basic skills, combined with practical experience, form the foundation for the ever-evolving leader. Provisional Alpine Leader applicants should complete this form and attach it to your leadership application.

\*\*The Provisional Alpine Leader skills include all the leadership skills outlined in the Assistant and Crag Leader skills checklists, plus the additional skills below.

#### **Knots:**

#### **Rope Management Skills:**

Running Belays

#### **Anchor Building:**

Snow Bollards

#### **Safety/Rescue:**

Crevasse Rescue

Wilderness First Aid

#### **Capabilities:**

Provisional Alpine Leaders should be able to lead single or multi-pitch sport and traditional climbing routes.

## **Alpine Leader Skills:**

### **CHEMEKETANS ALPINE LEADER SKILLS CHECKLIST**

The purpose of this form is to give Alpine Leaders an outline of the minimum skills expected of their position. No list of criteria alone is sufficient to ensure an individual is capable of leading. These basic skills, combined with practical experience, form the foundation for the ever-evolving leader. Alpine Leader applicants should complete this form and attach it to your leadership application.

\*\*The Alpine Leader skills include all the leadership skills outlined in all of the Leader skills checklist.

#### **Capabilities:**

Alpine Leaders, climb in all types of environments, weather conditions, and typically are in remote locations. They need a diverse set of skills, combined with experience and sound judgement. Alpine Leaders must have demonstrated sound planning and logistics. They must have completed Wilderness First Aid. Applicants at this level should have had all the technical skills as a Provisional Alpine Leader and successfully demonstrated the intangible skills and traits of a leader.

# Climb Prospectus

Climb Leaders should prepare and distribute a prospectus to participants for each climb they lead. The prospectus should include:

1. Name of the objective.
2. Elevation of objective.
3. Name of route to be attempted and technical grade.
4. Date of the climb and meeting place.
5. Brief description of the route and approach, difficulty, special requirements, and skills needed.
6. List the vertical elevation to be gained and horizontal distance to be traveled.
7. Provide an itinerary for the trip.
8. Emergency contact information.
9. Climb team roster.
10. Advise the participants that they will be required to sign a liability release form at the trailhead.