

COVID-19 Guidelines for Resuming Chemeketans Activities

*Updated: 9/6/22 *Red text indicates a change from the previous guidelines**

Note: These guidelines are subject to change and will be revised by the Executive Council on a regular basis consistent with public health guidelines and feedback from members. These guidelines are intended to provide activity participants with the information they need to make responsible choices while participating in Chemeketans activities. In all Chemeketans activities, the primary responsibility for safety falls to participants.

Masks are not currently required during Chemeketans' activities, either indoors or outdoors. While masks are optional, we encourage the use of masks whenever you feel it is appropriate for yourself or in consideration of others around you. Pandemic conditions are changing and although fewer restrictions may feel like a return to pre-pandemic times the Executive Council encourages everyone to continue following the basic public health guidelines outlined in this document for the benefit of your health and the health of those around you.

Activity Leaders

- All Chemeketans activity/program leaders are encouraged to have up-to-date knowledge of local regulations for the destination of their trip and any locations where they will stop along the way. The Chemeketans will adhere to the most conservative guidelines that are in effect for a particular activity.
- The leader is not responsible for enforcing individual masking, physical distancing, or hand sanitizing; these are individual participant responsibilities.

Activity Participants

- A COVID-19 acknowledgement of risk statement has been added to the Liability Release Form and Trip Sign-Up Sheets and is required to be signed by all participants.
- Alcohol-based hand sanitizer and a mask have been added to the list of essential items.
- All individuals will monitor for symptoms, including taking temperature, 24 hours prior to the start of their program. Any symptomatic or feverish participants will be required to cancel themselves from the trip.

What does it mean to be up to date on your vaccines?*

You are up to date with your COVID-19 vaccines if you have completed a COVID-19 vaccine primary series and received the most recent booster dose recommended for you by CDC.

*These guidelines have been adopted from the CDC's [guidance on vaccines](#) and [isolation recommendations](#).