

2021 Outing Guide
Mount Rainier, Washington
89th Annual Chemeketan Outing
July 31 to August 14, 2021



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Introduction by Janet Adkins

Hiking Guide by Roz Shirack

Cover Photo: Naches Loop Trail by Roz Shirack

Outing Guide is available on www.chemeketans.org (click on Annual Outing link)

Introduction

Important Dates:

Truck Loading	Thursday July 29 at 6:30 pm
Truck unloading	Sunday August 15 at 6:30 pm

The Chemeketan Annual Outing is a two-week cooperative camping adventure featuring daily hikes and other activities. The Outing has been a Chemeketan tradition since the club's formation in 1928. It has been a signature event every year except those during WWII and the Covid-19 Pandemic of 2020.

The Outing is intended to provide a maximum of vacation pleasure at a minimum of cost and camp chores. Cooks and pots and pans washers are hired to do the most time-consuming chores. All other duties are shared by participants. This guide should answer most of your questions.

This year's Outing is near Mt. Rainier National Park, known for its premier scenery and hiking trails, historic lodges, and outstanding wildflowers. The camp location also offers day hiking possibilities at Goat Rocks, Mt. Adams, and Mt. St Helens. Previous Annual Outings were held at Mt. Rainier in 1931 (Indian Henry's Camp), 1948 (Mowich Lake), 1983 and 1993 (Cedar Creek), and 2013 (Packwood).

Mt. Rainier National Park: Mt. Rainier was the fifth national park established by Congress (in 1899). The mountain, the highest point in the Cascades, is 14,411 feet, rising abruptly from the surrounding landscape. It is the most glaciated mountain in the continental United States with 26 glaciers, including Carbon Glacier, the largest U.S. glacier by volume outside Alaska, and Emmons Glacier, the largest outside Alaska in surface area. The mountain is encircled by the Wonderland Trail.

Mt. Rainier Park Entrance Fee: Entrance to Mt. Rainier National Park requires a \$30 per-vehicle pass that can be purchased at park entrances and is good for a week. A Federal Senior Pass (persons 62 and older can pre-purchase) is also good for the entire vehicle.

Campsite: The campsite is located on private property, known as the Huntington Homestead, (previously known as 1896 Homestead) in Packwood, Washington (elevation 1,053'). The site is 12 miles south of the Ohanapecosh Visitor Center in Mt. Rainier National Park. This is the same campsite that was used for our 2013 Annual Outing. It is a large open grassy field. The site has potable water and some electricity available, but no hookups. There are no formal RV sites, but there is room to park and maneuver.

Getting There: The drive from Salem to Packwood is 190 miles, taking 3-4 hours depending on traffic thru Portland. From Salem, take I-5 north into Washington State and take Exit 68 for US Hwy 12. At the exit take US 12 east for 64 miles to Packwood. Just prior to entering Packwood, look on the left for Huntington Road – just before the Senior Center and Community Hall. If you

get to the Fire Department or downtown Packwood, you have gone too far. Take Huntington Road several hundred feet to its end and the campsite is on the right.

The campsite will be available on Friday, July 30 for first week campers who wish to arrive early, but no meals are provided until dinner on Saturday, July 31.

Weather: During August the average high temperature is 79 F, average low is 51 F, and average monthly rainfall is 0.9 inches.

Truck Loading / Unloading: Campers who live in the Salem area are expected to help with the loading and/or unloading of the truck. Loading will begin at 6:30 p.m. on Thursday, July 29 and unloading at 6:30 p.m. on Sunday, August 15 at Bridges Storage, 4370 Silverton Road NE, just east of Lancaster Drive. Bring your work gloves!

Nearby Camp Services:

Cell Coverage: According to locals - No AT&T coverage, some Verizon coverage

Auto Gas: Available in Packwood

Showers: The club will set up portable showers in camp. Also available at:

Cascade Peaks Campground (on Hwy 12 west toward Randle) - \$3.00

High Valley Golf Course (if pool is open) - \$5.00

Packwood RV Park (showers open to non-guests M-Th 10 am to 3 pm) - \$5.00

Stores: Blanton's Market on Hwy 12 in Packwood

Laundry: May be available 10 am to 4 pm weekdays at Packwood RV Park and Campground - 12985 Hwy 12 – depends on how full they are – check with the office.

Electricity: There is limited electricity in camp

Restaurants: There are a number of restaurants and coffee shops in Packwood

Hiking: Hiking is the main activity of the Outing and the Hiking Guide that follows contains descriptions of hikes and specifics about signing up for and leading hikes. There will be a number of hikes offered each day. Anyone can start a sign-up sheet and organize a hike. Carpooling for hikes is the norm and riders are expected to reimburse their driver for costs (up to 9 cents per mile).

Non-Hiking Activities:

Visitor Centers/Museums

Packwood - White Pass Country Historical Museum

Packwood - Destination Packwood Visitor Center, 13011B Hwy 12, open 7 days a week.

Mt. Rainier National Park - Sunrise Visitor Center, Ohanapecosh Visitor Center, Paradise Lodge, Longmire Museum.

Fishing/Swimming/Kayaking

Riffe Lake (Tacoma Power Reservoir on the Cowlitz River) - This reservoir is known more for fishing and motor boating than kayaking, but there are nice coves to explore. Taidnampam Park on the lake is about 12 miles from Packwood. Day use at the park includes a popular fishing bridge, picnic tables, a playground and a small swimming area.
Packwood Lake - requires a 4 mile hike in. Trailhead 6 miles from Packwood.

Mountain Biking

A number of trail and backroad biking possibilities are described on the official tourism site for Mt. Rainier: <https://visitrainier.com/activities/summer-activities/biking/mountain-biking/>

Wildflowers

Rainier is known for its spectacular wildflowers in late summer. Favorite sites are Paradise, Sunrise, and Chinook Pass/Tipsoo Lake. The Hiking Guide notes trails that are known for their wildflowers. Also see: <https://visitrainier.com/activities/wildflowers-and-wildlife/wildflowers/>

Birding

The range of elevation in Rainier National Park means there are four life zones and a huge variety of bird habitat. For information on rare sightings, area bird research and a bird list, link to the National Park Service birding site: <https://www.nps.gov/mora/learn/nature/birds.htm>

Emergencies:

- Lewis County Sheriff (has Search & Rescue) (360) 748-9286
- Packwood Fire Dept – Lewis County Fire District 10 - 12953 US Hwy 12 (360) 494-4123
- Washington State Police, Vancouver Office (360) 449-7999
- Mt. Rainier National Park (360) 569-2211
- Morton Hospital (Arbor Health) – 24 hour ER
 - 521 Adams Ave. Morton, WA (360) 496-5112
 - 37 miles west of Packwood on Hwy 12
- Randle Clinic (Arbor Health) – No ER – daytime hours on weekdays
 - 108 Kindle Rd. Randle, WA (360) 497-3333
 - 16 miles west of Packwood on Hwy 12
- Camp Governor or Chair – camp emergency contacts

Camp Procedures

Note: Any change in procedures due to Covid-19 will be announced in Camp.

Meals: A hot breakfast and dinner and a brown bag lunch, including vegetarian entries, will be provided from the first Saturday (July 31) dinner through the last Saturday (August 14) lunch. Dishes and utensils are provided. Backpackers are responsible for their own food while away from camp. No reduction in rates is made for campers who substitute their own food items, or for meals not taken. You may return for seconds after all other campers have been served, including the cooks and servers.

Breakfast is served at 7:00 am. Coffee and other hot drinks will be available earlier in the dining area. When the breakfast line starts, campers enter the dining tent and pick up tray, utensils, etc. and proceed through the serving line. Servers will fill your tray per your request.

Dinner is served at 6:00 pm. The procedure is identical to breakfast. If you will be late for dinner, consider a restaurant or make other arrangements.

Lunch is self-prepared from a variety of foods set out on tables near the dining tent before breakfast. Lunch food will be in place at 6:15 am and removed at 6:45 am. Lunch workers make their own lunches prior to opening the line. You are welcome to take whatever you need, but please take only what you need. Chemeketans practice conservation by reusing baggies and paper sacks as practical. Campers are also encouraged to bring reusable lunch containers.

If a group of you plan to miss a meal, please let the cooks know.

Please do not enter the kitchen unless you are working or on legitimate business.

Hand washing: To prevent contamination and food related illnesses, **wash your hands thoroughly with soap** prior to entering the food tent or making a lunch. Ensure that children's hands are washed. Use the provided utensils when taking food - do not put fingers in containers. Hand washing stations will be conveniently located. Water from the hand wash stations should not be used for drinking.

Dishwashing: After eating, go to the dishwashing area outside. Scrape your own tray as clean as possible into the garbage cans using the provided scrapers and your napkin. Wash your dishes and utensils. The dishwashing crew will do a second wash, then rinse, sterilize, dry and return items for reuse. You may wash a personal item but should not send it through the sterilizer.

Personal trash: Campers may generally dispose of their trash in camp garbage cans, but should take any cans and bottles with them. Do not leave them for the camp to deal with.

Campfire Meetings: Each evening at 7:30 there will be a campfire meeting. (Conditions will dictate if we can have an actual fire.) The purpose of this meeting is to relate important information and to report on hikes and activities. Attendance is strongly advised. On occasion, entertainment, informational presentations or sing-alongs will be offered. The meeting ends with the singing of Taps.

Camp Set-up and Take-down: It is essential to the smooth operation of camp that all campers fulfill their assigned duties AND help set up or dismantle the camp. First week campers should arrive on Saturday, July 31 early enough to help set up camp. Set up will start by 9am. The site will be available on Friday, July 30 for those who wish to arrive early. Second week campers may arrive after breakfast on Saturday, August 7. Camp take-down will start on Friday evening, August 13 and continue with truck loading on Saturday morning. All second week campers are expected to remain in camp on the last day to help with the take-down until the truck is loaded which is usually completed well before noon.

Pets: Dogs or other family pets are not allowed at the Outing.

Campers are expected to bring their own camping equipment and supplies.

Suggested Equipment List

Tent	Day Pack/essentials/first aid	Juice/water bottles
Sleeping bag	Insect repellent	Coffee cup
Air mattress or pad	Sunglasses	Toiletries
Pillow	Sun block	Soap, towel
Clothes for range of conditions	Flash light/batteries	Small bucket/ dishpan
Hiking boots	Camera	Clothesline, pins
Rain gear	Maps/compass	Camp chair
Swim suit	Lunch container	Alarm clock
Water container 3-5 gallon	Binoculars	Solar shower bag/tent

Camp Duties

The Outing is a cooperative enterprise. Participants share duties such as dishwashing, food serving, lunch prep and sanitation. Duties are assigned prior to camp and posted in the activity pavilion. Please check your assigned duties shortly after arriving at camp, because your duties may start with the first meal. If you are going to arrive for camp late or leave early, be sure to indicate on your registration form or notify the Outing Chair or Governor. Camp duties are described below. If you have questions, ask the Governor.

Campfire Setup: If fires are permitted, make sure enough wood is by the fire ring for the evening campfire. Have two buckets of water and a shovel nearby. Light the fire early and keep it going. Extinguish the fire after the group has disbanded. Weather conditions or local restrictions may restrict fires, check with the Governor.

Dishwashing: Six people are normally assigned to this duty per meal. Wear long pants and closed-toe shoes and use the provided water-proof gloves and aprons. An experienced person (the first person on the duty roster) is designated as leader. The lead dishwasher will be responsible for organizing the shift and ensuring that the job is properly completed. Dishwashers eat first (go to the front of the serving line) and should be on duty as soon as any campers finish eating. Staff will fill the wash and rinse pans with hot water and soap. The water will be changed when it becomes too dirty or cool. To do this, dispose of the prewash water, then the used wash water is poured into the prewash basin, and the first rinse water into the wash basin (add soap), second rinse becomes first rinse and last rinse is filled with clean hot water. Freshly washed dishes are stacked in the sterilizer basket, immersed in the sterilizer boiler for one minute and emptied onto the drying table. After the dishes have air dried, they are packed into the plastic storage bins and returned to the dining area. The utensils are rinsed in a bucket and sorted into their carriers, handles up. The carriers are then placed in the sterilizer for one minute, removed to air dry and returned to the dining area. When all dishes have been washed, empty the dish and rinse water into the designated area, rinse the basins and place them upside down on the dishwashing tables. Staff will dismiss the crew.

Pots and Pans: Pots and pans washers also go to the head of the meal line and after eating report to the staff for directions. Staff is responsible for the propane water heater and sterilizers.

Janitor: The two persons assigned to janitor duty clean and restock the toilets and hand wash stations. They keep a supply of toilet tissue in each toilet and keep them clean and free of litter. They sweep the floor, wipe the seats with disinfectant wipes, and empty the trash as needed, preferably when demand is low.

Servers: This is a before and after meal duty. Breakfast and dinner servers report to the dining tent for duty a half hour before the meal. They wipe down all tables and place napkins, condiments and other necessary items on the tables. They assist the cooks as needed and serve the food, listening to campers' requests to avoid waste. Servers eat after serving the campers. After eating, servers wipe down the tables again, take containers to pots and pans washers, and help put away food. The first person listed on the duty roster will be responsible for organizing the shift and ensuring that the job is properly completed.

Evening Lunch Prep: Evening lunch duty people go to the head of the dinner line. After eating, report to the lunch truck to prepare food for the following day's lunch. Follow the lunch supervisor's directions. Directions are also posted on the wall of the truck. Take all dirty dishes and utensils to the pots and pans wash area.

Morning Lunch Prep: Morning lunch duty people report to the lunch truck at 6:00 a.m. Wipe down the lunch tables. Follow the lunch supervisor's directions for stocking the tables with food, drinks and supplies. Morning lunch prep personnel make their own lunches prior to opening the line at 6:15. Watch the tables and keep them replenished. Combine remaining food onto one table when the lunch line begins to thin out. At 6:45 remove the remaining food from the tables and store it properly in the truck. Take all dirty dishes to the pots and pans wash area and wipe down the tables.

Garbage and Recycling: This is a two-part duty - both morning and evening. After meals, empty the garbage cans in the kitchen, dining, and washing areas. Twist the bags closed and transport them to the dumpster as needed. Place fresh bags in the garbage cans. Break down cardboard boxes, remove the bottoms from cans and flatten them, then place all in the designated recycle area. Check with the cook or food chair for additional duties.

For questions contact:

Outing Chair: Ken Ash kenash76@yahoo.com 503-507-7844

Outing Treasurer: Susan DeLaune sdeLaune2@gmail.com 503-378-1456

Mailing address:

Chemeketan Outing

P.O Box 864 Salem, OR 97208

Other Outing Committee members:

David Adelman - **Food Coordinator**

Blanka Truneckova - **Lunch**

Mary Coleman - **Lunch**

Roz Shirack - **Outing Guide**

Janet Adkins

George Adkins

Mary Liepins

Carol Doolittle – **Duty Roster**

Nancy Rockwell

John Eibert

Have a great Outing!

TAPS

Day is done
Gone the sun
From the lakes
From the hills
From the sky
All is well
Safely rest
God is nigh

Hiking Guide

The purpose of this Hiking Guide is to provide a brief description of the best hikes in the area and driving directions to trailheads. **It does not replace the need for a map and compass to navigate the trails.**

How to Sign-Up for Hikes: Hikes planned for each day are listed on sign-up sheets in the Hikes Notebook at the Activity Table. Hikers are welcome to sign-up for any hike that they are able to complete. If you have questions, check with the listed hike leader.

Each trip should have a designated hike leader and a minimum of three people total (for safety). Anyone can take responsibility for being a hike leader and start a sign-up sheet for a hike. At the Outing hike leaders are not expected to be familiar with the trails. All hikers are responsible for their own safety and knowing where they are on the trail.

Hike leaders should describe the trip on the sign-up sheet in enough detail that we can find you in the event you don't show up for dinner. If you plan to return late, please note that on the sign-up sheet and let the cooks know you will miss dinner. Hike leaders: please leave some space on your sign-up sheet for new hikers. When a group returns from a hike, it is each person's responsibility to **sign back in**.

There will be maps and guidebooks at the Activity Table for reference to help you plan your hike. Please leave these reference materials at the table. Tip: take photos of the guidebook narrative and/or map to use during your hike.

What to Take: Hikers should wear footwear appropriate to the trail conditions. High top boots are advised. Waterproof boots are advised for hiking across low streams and in snow. Wear or carry appropriate clothing including a warm jacket and rain gear. Carry food, water, a map, compass, flashlight or headlamp with extra batteries, lighter or matches in a waterproof container, solar blanket and/or ground insulation, insect repellent, mosquito head net, sunscreen, first aid kit, pocket knife, and whistle.

References:

Asars, Tami. Day Hiking Mount Rainier, Mountaineers Books, 2018.

Schneider, Heidi and Skjelset, Mary. Best Easy Day Hikes Mount Rainier National Park. Falcon Guides, 2012.

Nelson, Dan. Day Hiking South Cascades, 2007.

Maps: The Gifford Pinchot National Forest map gives a good overview of the area where we will be doing much of our hiking.

The National Geographic Trails Illustrated maps for Mount Rainier National Park (2019), Goat Rocks, Norse Peak and William O. Douglas Wilderness Areas (2010); and Mount St. Helens and Mount Adams (2010) are recommended. Also, Green Trails Mt. Rainier East #270 and Mt. Rainier West #269 are recommended.

Maps are available in Packwood at the Forest Information Center, 13068 Hwy 12, or at the Randle Ranger District office in Randle, Washington. In Salem Cooke's Stationary and Salem Summit may have maps of the area or could order them. Maps can also be ordered through the U. S. Forest Service and the National Park Service websites. Commercial Green Trails maps and National Geographic maps can be ordered through their websites or Amazon.

Free USGS Quad maps and topo maps are available for printing at:
http://data.fs.usda.gov/geodata/rastergateway/states-regions/regions_zoom.php?regionID=r6 and www.digital-topo-maps.com

Trail information: For information about current trail conditions in Mt. Rainier National Park contact:

Longmire Wilderness Information Center 360-569-4453, or
Sunrise Ranger Station 360-663-2425 for trails in the northeast corner of the park.

For general information about Mt. Rainier National Park see www.nps.gov/mora.

For information about trails in the Gifford Pinchot National Forest contact:

USFS Cowlitz Valley Ranger District, Packwood Office 360-494-0600.

USFS Cowlitz Valley Ranger District, Randle Office 360-497-1100.

USFS Naches Ranger District, 509-653-2205.

USFS Mt. Adams Ranger District, 509-395-3400.

Permits: A Northwest Forest Pass or equivalent may be required at some trailheads or recreation sites on Forest Service land outside of Mt. Rainier National Park. Watch for trailhead postings for this requirement. People age 62 or over can use their Federal Senior Pass in lieu of the Northwest Forest Pass and for free entry to national parks and monuments.

A free, self-issue permit available at the trailhead is required for hiking into designated wilderness areas outside of the National Park. Please fill out a permit for your wilderness hikes. It helps the Forest Service manage the public land and it helps us find you if you go missing. Wilderness trails are limited to 12 people.

Trail etiquette: Uphill hikers have the right of way when two or more hikers meet on a trail. If possible, move off the trail when yielding the right of way. A hiker should yield to bicycles, horses, and other less mobile users. Hikers should yield to horses by stepping off the trail on the downhill side, if possible.

Hike Organization: This Hiking Guide is organized by geographic area (e.g., Mt Rainier, Goat Rocks). Many trails offer a range of hikes from easy to hard, depending on how far you want to go. Even if you want an easy hike, read the descriptions of the harder hikes to see if there is a nice lake, meadow or other point of interest along the way that can be reached on an easier hike.

Most of the hikes are described as out and back hikes or loops. There are many more options for longer loops, shuttles, or cross-key hikes you can plan by checking your map.

Driving distances to trailheads are estimates and reported as one-way.

Hike Ratings: Hikes are rated as easy, medium, or hard, and are generally defined as:

Easy: up to 5 miles roundtrip and 1,000 feet of gain.

Medium: up to 10 miles roundtrip and 2,000 feet of gain.

Hard: up to 15 miles roundtrip and 3,000 feet of gain.

Strenuous: over 15 miles roundtrip and over 3,000 feet of gain.

Mount Rainier

Mt. Rainier National Park, anchored by 14,411-foot Mt. Rainier, offers dozens of trails to explore stunning wildflower meadows and alpine lakes with views of over 100 named peaks. Mt. Rainier is an active volcano, but also has more glaciers on one peak than any other mountain in the US.

The first 14 hikes in this section are in Mt. Rainier National Park. The first four do not require passing through a park entrance station and paying the fee. The last five hikes in this section are near Packwood outside of the National Park.

Maps that cover trails in this section are National Geographic Trails Illustrated map for Mount Rainier National Park (2019); and Green Trails maps for Mt. Rainier West #269, Mt. Rainier East #270, Packwood #302, Bumping Lake #271, Randle #301, McCoy Peak #333, and Blue Lake #334.

1. Silver Falls Loop

Easy

Hiking Distance: 3 miles loop

Elev. Gain: 415 ft.

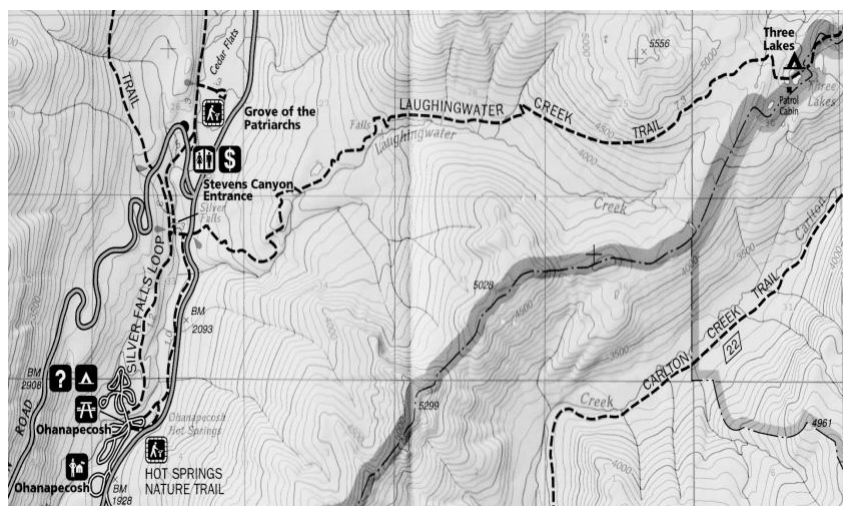
Driving Distance: 12 miles one way

Driving Directions: From Packwood drive east on Hwy 12 for about 8 miles. At Hwy 123 turn left (north) for 3.6 miles to the Ohanapecosh Campground. Turn left into the campground and Visitor Center. Park at the Visitor Center.

Walk on the sidewalk into the campground and across the car bridge. Look for the trail on the right where it gradually climbs into the old-growth forest. In 1.3 miles stay on the Silver Falls Loop trail at a junction. Go .1 mile to another junction. Make a sharp right to start your return on the loop.

You soon pass several overlooks that provide good views of the falls and canyon.

For the best view, cross the wooden bridge at 1.6 miles and stand at its eastern edge. The trail soon re-enters dense forest. In .1 mile pass another junction, but stay to the right on the Silver Falls Loop. In 2.7 miles from the start is a junction with the



Map for hikes #1 and #2

Ohanapecosh Hot Springs Trail to the left. If you want, detour onto this .6-mile interpretive loop to explore the hot springs. Or, continue straight another .3 mile to the Visitor Center.

2. Three Lakes Basin

Hard

Hiking Distance: 12.2 miles RT

Elev. Gain: 2,815 ft.

Driving Distance: 13.3 miles one way

Driving Directions: From Packwood drive east on Hwy 12 for about 8 miles. At Hwy 123 turn left (north) for 5.3 miles to the trailhead on the left (limited parking). Cross the road to find the Laughingwater Creek Trail in the forest.

This trail takes you to three forested lakes and a 1934 rustic patrol cabin. It does not offer great views, but does provide relative solitude. The trail climbs gradually for about 1 mile through thick forest to a ridgeline. Laughingwater Creek, named for the gurgling sound made by the cascading water, is far below. The trail grade moderates as it continues through old-growth forest. The trail crosses a tributary creek at 3.5 miles, then leaves the creek as it climbs more steeply toward the headwall of the valley. It reaches the Three Lakes Basin at 5.5 miles and continues among the three lakes to a campsite at about 6 miles. There is a patrol cabin on the right of the trail near the first lake. The third lake is the largest and best for swimming. Explore the lakes for a good lunch spot and return on the same trail.

3. Shriner Peak and Lookout

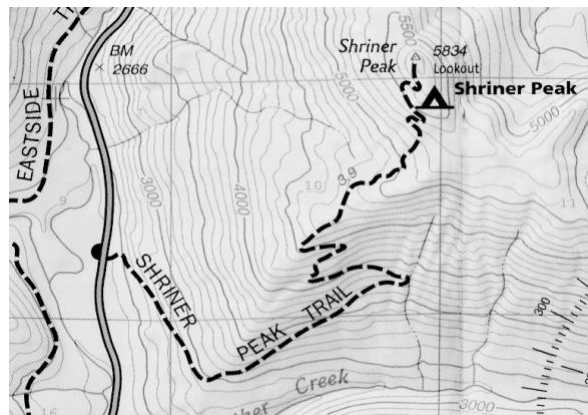
Hard

Hiking Distance: 8.5 miles RT

Elev. Gain: 3,435 ft.

Driving Distance: 23 miles one way

Driving Directions: From Packwood drive east on Hwy 12 for about 8 miles. At Hwy 123 turn left (north) for 15 miles to the trailhead parking on the left. Trail starts on the right side of the road. Look for the large trailhead sign about 250 feet to the southeast.



This trail offers great views, wildflower meadows, and an historic lookout tower. It's best to get an early start for this long trail with no water and little shade beyond the first 2 miles of forest. The trail climbs steadily up the south slope of Shriners Peak through wildflower meadows. At 2.6 miles views start opening up of Mt. Rainier and Indian Bar Basin. At 3.2 miles views become increasingly breathtaking, including a nice view east down to Shriners Lake. Another mile leads to the 5,835-foot summit and the 1932 fire lookout cabin built by the CCC, (and outhouse). You can climb up to the perimeter balcony of the lookout. Enjoy wonderful views of the east face of Mt. Rainier, the western peaks in the William O. Douglas Wilderness to the east, and Goat Rocks to the south.

4. Naches Peak Loop Easy

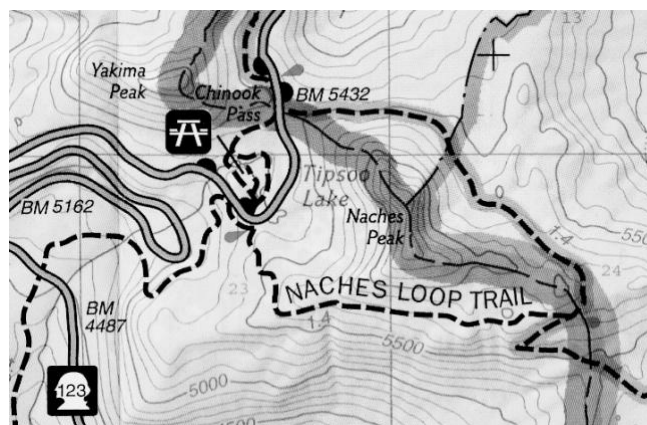
Hiking Distance: 3.7 miles loop

Elev. Gain: 685 ft.

Driving Distance: 28 miles one way

Driving Directions: From Packwood drive east on Hwy 12 for about 8 miles. At Hwy 123 turn left (north) for 17 miles. Turn right (east) onto Hwy 410 for 3 miles to the Tipsoo Lake trailhead parking on the left. If lot is full, continue east on Hwy 410 for .3 mile to a large parking lot on the left. From there cross the road to the east and begin hiking along the Pacific Crest Trail, which runs concurrent with the Naches Peak Trail.

This easy trail provides some of the best views of Mt. Rainier and best wildflower meadows in the National Park. Bear, elk, deer, sooty grouse, and other wildlife may be seen. It was one of the most popular trails during the 2013 Outing and best done on a weekday. The trail circles Naches Peak through wildflower meadows, and offers a swim option in Tipsoo Lake at the end of the hike.



Start hiking north toward Tipsoo Lake and along its western shore. The trail then angles northeast to Chinook Pass (5,400 ft) where it crosses Hwy 410 on a pedestrian overpass. The trail follows the Pacific Crest Trail east and then south around the east

side of Naches Peak for 2 miles. This section of the trail passes through large wildflower meadows, famous for the variety of flower species. At about 2.5 miles the Naches Loop Trail splits from the PCT. Near this junction there are views down to Dewey Lakes to the southeast and good views of the Goat Rocks and Mt. Adams. Stay to the right to complete the loop around Naches Peak. Good views of Mt. Rainier will soon loom before you. Back at Tipsoo Lake, there is a .5-mile trail around the lake, also with good wildflowers, you might want to hike before leaving this gorgeous area.

5. Indian Bar/Cowlitz Divide Strenuous (Easy to Nickel Creek Camp)

Hiking Distance: 14.6 miles RT

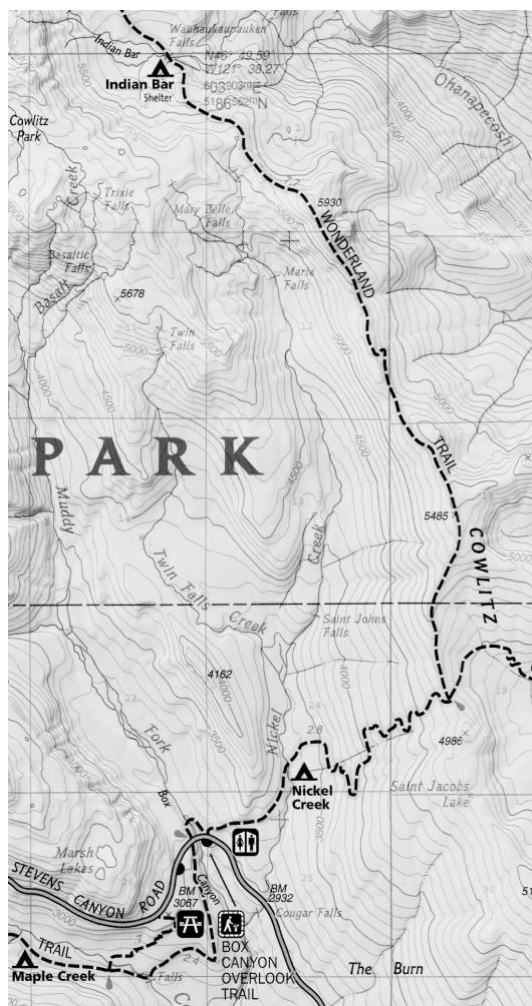
Elev. Gain: 4,270 ft.

Driving Distance: 24 miles one way

Driving Directions: From Packwood drive east on Hwy 12 for about 8 miles. At Hwy 123 turn left (north) for 6 miles. Turn left (west) onto Stevens Canyon Road and pass through the park entrance station. Continue 10 miles to the Box Canyon trailhead parking on the left. The trail starts on the right (north) side of the road.

This trail follows a section of the famous Wonderland Trail that takes you north toward the glaciers of Mt. Rainier and into a gorgeous wildflower meadow rimmed by waterfalls tumbling down the rocky walls that enclose Indian Bar Basin. It showcases one of the most dramatic landscapes in the National Park.

The trail begins along deep Box Canyon before climbing gradually for .8 mile to Nickel Creek Camp. This makes a nice stopping point for an easy hike (2 miles RT; 400 ft. of gain). Otherwise, cross the creek on a footbridge, then climb more steeply the next 2 miles to the junction with the Cowlitz Divide Trail (named Olallie Creek on some maps). Stay left on the Wonderland Trail to follow the Cowlitz Divide north toward Mt. Rainier through a mix of forest and meadows for 4.7 miles. Be alert for bears in this section of the trail. The ridge walk provides frequent, close-up views of Mt. Rainier and of Shriners Peak and Double Peak to the east. The ridgeline goes up and down until it reaches a high point of 5,930 feet. Views and wildflowers here are superb. The trail then drops 900 feet into Indian Bar Basin, which may have the best wildflower displays in the Park. Hike to the large stone shelter at the group camp site in the middle of the meadow. It was built by the CCC in



1940. There is a primitive outhouse behind the shelter. Walk over the wooden bridge to Wauhaukaupauken Falls. Any place in the basin provides a great lunch spot to enjoy a panoramic view of the waterfalls flowing down the rocky walls at the head of the basin. These falls form the headwaters of the Ohanapecosh River.

6. Stevens Canyon Waterfalls

Medium

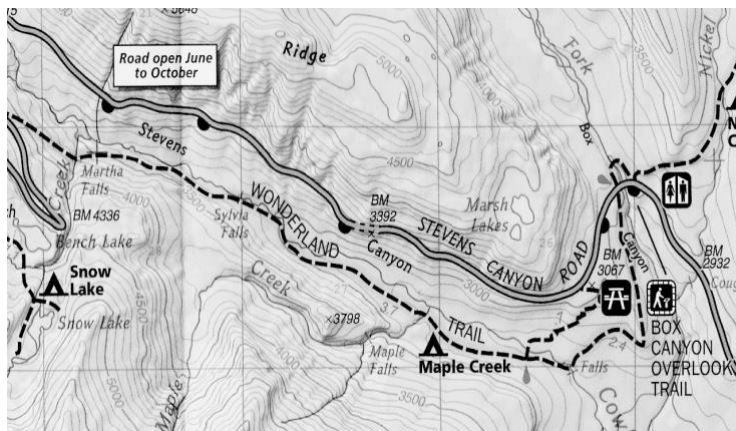
Hiking Distance: 8 miles RT

Elev. Gain: 1,935 ft.

Driving Distance: 24.8 miles one way

Driving Directions: From Packwood drive east on Hwy 12 for about 8 miles. At Hwy 123 turn left (north) for 6 miles. Turn left (west) onto Stevens Canyon Road and pass through the park entrance station. Continue 10.8 miles to the Box Canyon Picnic Area on the left, which is .5 miles west of Box Canyon.

This is a good trail for a hot day, because it passes through shady, lush forest and along icy Stevens Creek. The trail starts on the south side of the parking area. Descend through forest for .5 mile to Stevens Creek and the first small waterfall. At .7 mile you reach the junction with the Wonderland Trail. Turn right onto this trail and soon cross the footbridge over cascading Stevens Creek. Note the sculpted boulders eroded by the glacial stream. Follow the Wonderland Trail west along the canyon floor through mossy forest. At 1.8 miles is Maple Creek Camp (and toilets). The trail begins a gradual climb through lush foliage and reaches Sylvia Falls at 3 miles, seen through the conifers to the right. You will soon reach a loose hillside where the Wonderland Trail washed out in 2006. It has been restored and should be safe to cross. In another .4 mile you reach Martha Falls, the largest of the falls along this stretch of trail. Cross the log bridge for better views. Return the way you came, or continue about .5 mile to Stevens Canyon Road, if you arranged to get picked up.



7. Pinnacle Saddle

Easy

Hiking Distance: 2.6 miles RT

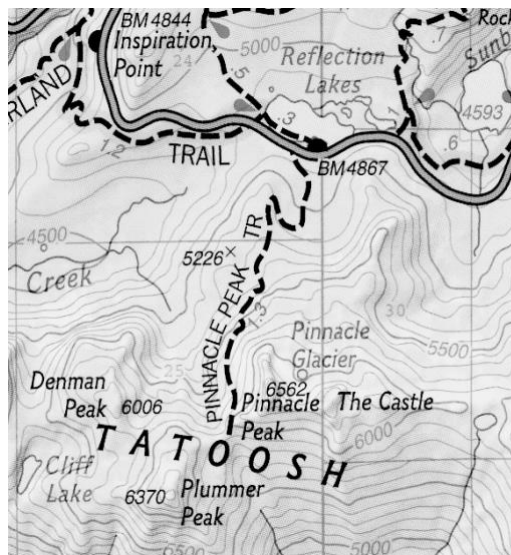
Elev. Gain: 1,050 ft.

Driving Distance: 31.6 miles one way

Driving Directions: From Packwood drive east on Hwy 12 for about 8 miles. At Hwy 123 turn left (north) for 6 miles. Turn left (west) onto Stevens Canyon Road and pass through the park

entrance station. Continue 17.6 miles to the Reflections Lake parking area on the right. Look for the trailhead across the road to the south.

This trail is steep at times, but gives great views of Mt. Rainier's south face, the Tatoosh Range, and Cascade peaks to the south. This view trail deserves a clear day with no threat of thunderstorms. The trail climbs gradually the first .5 mile through open forest and views begin soon afterward. The trail soon steepens and passes through boulder fields. At 1.3 miles the maintained trail ends at Pinnacle Saddle (6,000 ft.) between Pinnacle Peak to the left and Plummer Peak to the right. Mt. Rainier fills the view to the north. To the south are Mt. St. Helens, Mt. Adams, the jagged peaks of Goat Rocks, and Mt. Hood. Pikas, marmots, and mountain goats frequent this area. Scramble trails follow the ridges up Pinnacle Peak and Plummer Peak.



8. Reflection Lakes and Paradise Loop Medium

Hiking Distance: 5.8 miles loop

Elev. Gain: 1,420 ft.

Driving Distance: 31.6 miles one way

Driving Directions: Drive to Reflections Lake parking area as in Hike #7.

This hike has it all: lakes, expansive wildflower meadows, a waterfall, and panoramic views. This hike comes in a close 2nd to the Skyline Trail Loop. Do them both. It is worth spending at least two days in this premier part of the Park. This is a very popular hike best done with an early start on a weekday.

To find the trail, walk toward the Lake to the path and turn left (west) to hike this loop in the recommended clockwise direction. At .2 mile turn right onto the signed Lakes Trail. At .5 mile keep left on the Lakes Trail (not High Lakes Trail). At the 1-mile mark carefully cross Paradise Valley Rd and resume on the trail. You soon cross the cascading Paradise River on a footbridge. Soon after the bridge turn right at a signed junction for Paradise. The trail climbs steeply for .5 mile to Paradise Inn. The restored historic inn merits a visit. Also visit the Henry M. Jackson Visitors Center across the parking lot from the Inn. Both have good snacks and toilets.

To continue the loop find the paved Skyline Trail next to the inn to the north. This trail climbs gradually for .5 mile to 72-foot Myrtle Falls. Take the short spur trail down to the fall's viewpoint. Continue on the Skyline with great views of Mt. Rainier. Stay on the Skyline trail past two trail junctions. About 1.1 mile after leaving Paradise Inn, turn right onto the Lakes Trail to descend through wildflower meadows. Stay to the left at the junction with High Lakes Trail

and after .2 mile stop at Faraway Rock for views south to Stevens Canyon and Louise Lake. About .5 mile past the Rock turn right onto the signed Wonderland Trail. Follow this another .5 mile along the shores of Reflections Lakes back to the parking lot.

9. Skyline Trail Loop

Medium

Hiking Distance: 5.6 miles RT

Elev. Gain: 1,700 ft.

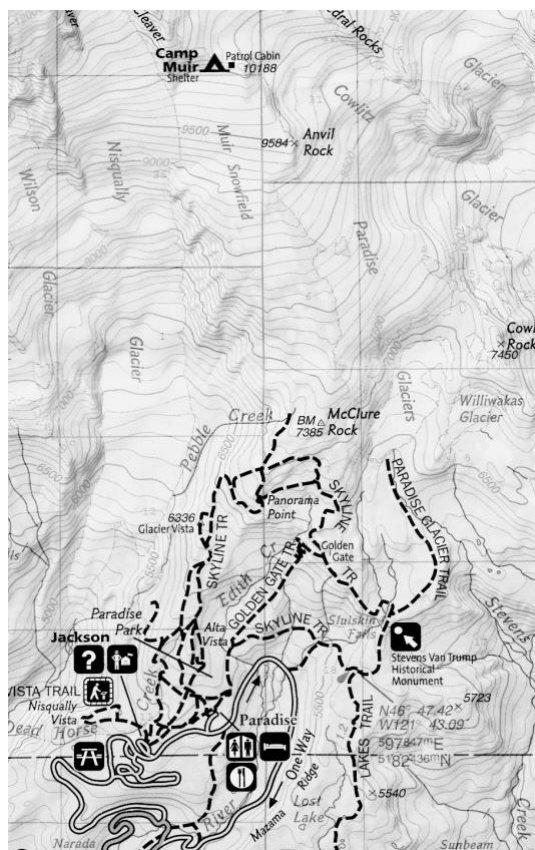
Driving Distance: 34.5 miles one way

Driving Directions: From Packwood drive east on Hwy 12 for about 8 miles. At Hwy 123 turn left (north) for 6 miles. Turn left (west) onto Stevens Canyon Road and pass through the park entrance station. Continue 19 miles to the Longmire-Paradise Road. Turn right for 1.5 miles to Paradise. Turn left into the lower parking lot for long term parking. Walk toward the Henry Jackson Memorial Visitor Center. The trail starts behind the Visitor Center.

This trail provides a diverse alpine experience with stunning wildflower meadows, playful marmots, waterfalls, and up-close views of Mt. Rainier and its glaciers for the entire hike. If you do only one hike in the Paradise area, make it this one. It was one of the most popular hikes at the 2013 Outing. Much of the hike reaches well above timber line into rock and ice terrain. Snow can linger on the upper portion of the trail year round, so good boots and hiking poles are advised. This is a very popular hike best done on a weekday in clear weather for the views.

Note: you can do an easy-medium version of this hike by hiking directly to Myrtle Falls and then on the Golden Gate Trail and Skyline Trail to loop back to Myrtle Falls and back to the Visitor Center (4.1 miles with 1,210 ft of gain). There are other easy hikes from the Visitor Center, such as Deadhorse Trail and Moraine Trail along Nisqually Glacier.

Climb the stairs behind the Visitor Center and continue straight north to hike the loop clockwise for the best views. Stay on the marked Skyline Trail through all intersections. Climb 1.8 miles to Panorama Point, which has a peak-locator sign, and a toilet. Continue north on the High Skyline Trail (Lower Skyline Trail to the east can be dangerous and is usually roped off). At 2.1 miles the trail tops out at 7,000 feet where it turns to the east (the Pebble Creek Trail continuing north goes to Camp Muir). Look south for views past the Tatoosh range to Mt. Adams, Mt. St. Helens, and Mt. Hood. The trail descends for 1 mile to



Map for hikes #9 and #10

the Golden Gate Trail junction and wildflower meadows at the 3.2-mile point. Stay to the left on the Skyline Trail. At 3.8 miles is a trail junction and stone monument to Stevens and Van Trump, the first to summit Mt. Rainier. Stay to the right at the junction and continue south. Ignore the next two trails to the left. At 5 miles is a short spur trail to Myrtle Falls on the left. Continue another .5 mile to the trailhead. The Visitor Center offers a wide range of refreshments.

10. Camp Muir **Very Hard**

Hiking Distance: 9 miles RT

Elev. Gain: 4,680 ft.

Driving Distance: 34.5 miles one way

Driving Directions: See directions for hike #9.

Check the weather at the climbers' hut before starting this hike. Experience with climbing glaciers and an ice axe is needed for this hike. Camp Muir is a climbers' camp of several stone shelters at 10,188 feet on the south face of Mt. Rainier. It sits on a rocky ridge between Nisqually and Cowlitz Glaciers with outstanding views of pretty much everything. Follow the Skyline Trail hike above. At 1.7 miles (before reaching Panorama Point) turn left (northeast) onto a spur trail for .3 mile to a junction with the Pebble Creek Trail. Continue another .3 mile to a shallow crossing of Pebble Creek (7,200 ft.). Follow the fainter boot track over the steep Muir snowfield, which may be marked with cairns, wands, or snow steps. An ice axe is recommended for crossing the snowfield. Crevasses can open up on the snowfield in late summer. If you see crevasses, it's best to turn around. Otherwise, continue hiking up the snowfield for another 2.2 miles and 2,900 vertical feet to Camp Muir (10,080 ft). Allow 7-8 hours to complete this hike round trip. No hiking or climbing permit is required.

11. Van Trump Park **Medium (Easy to Comet Falls)**

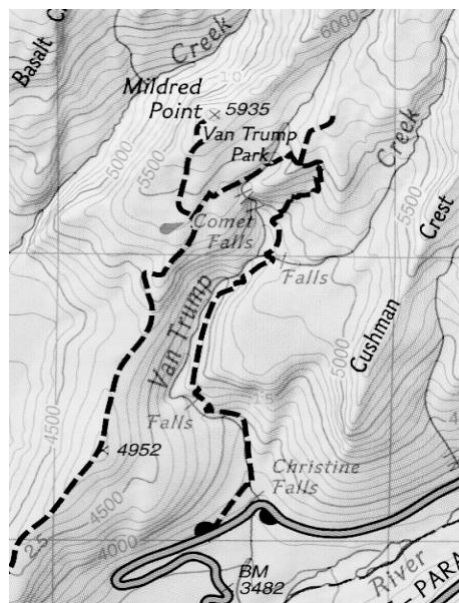
Hiking Distance: 6.2 miles RT

Elev. Gain: 2,300 ft.

Driving Distance: 39 miles one way

Driving Directions: From Packwood drive east on Hwy 12 for about 8 miles. At Hwy 123 turn left (north) for 6 miles. Turn left (west) onto Stevens Canyon Road and pass through the park entrance station. Continue 25 miles on Stevens Canyon Road and then Longmire-Paradise Road to the trailhead on the right.

This is one of the most popular hikes in the park with three waterfalls, wildflower meadows and a great view of Mt. Rainier from Mildred Point. Best done with an early start on a weekday. The trail heads northeast and immediately begins its steep climb. In .3 mile you cross Van Trump



Creek on a footbridge over a dramatic slot canyon with Christine Falls. At 1.2 you climb up a trail staircase built after avalanches in 2012 whipped out this section of trail. The trail passes a number of falls and cascades as it climbs along the east side of Van Trump Creek. At about 2 miles you come to 462-foot Comet Falls that plunges through several tiers and pools as it crashes down the creek. The spur trail to the left goes to the pool at the base of the falls. The main trail climbs another .5 mile on switchbacks to reach the top of Comet Falls and recrosses Van Trump Creek. At 2.7 miles watch for a spur trail to the right (north). Follow this spur for a steep .4 mile to Mildred Point (5,935 ft). This makes a nice lunch spot to enjoy mountain views and Kautz Glacier amidst a wildflower meadow. Look for mountain goats and deer.

12. Indian Henry's Hunting Ground **Hard**

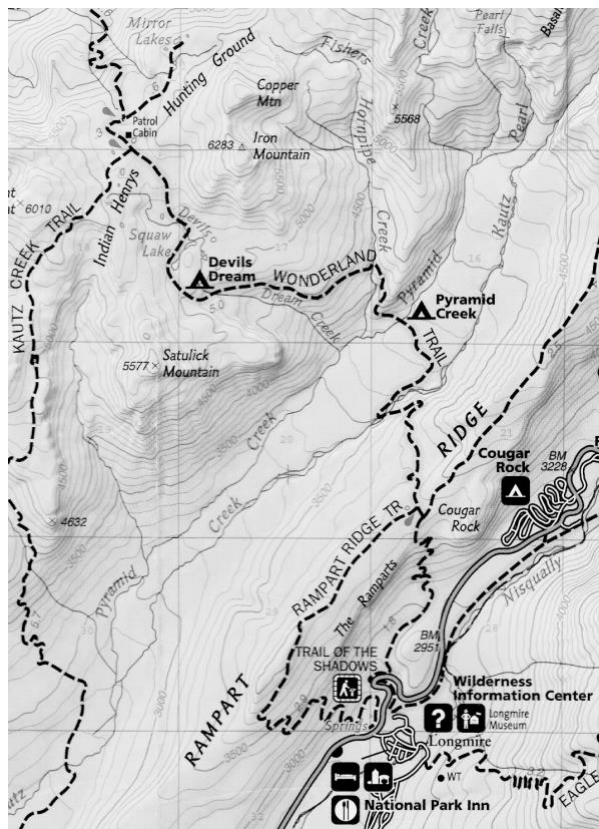
Hiking Distance: 14 miles RT

Elev. Gain: 3,285 ft.

Driving Distance: 42 miles one way

Driving Directions: Note: Check with the ranger to be sure the footbridges over Kautz Creek and other creeks are in place before driving over to west side of the Park. From Packwood drive east on Hwy 12 for about 8 miles. At Hwy 123 turn left (north) for 6 miles. Turn left (west) onto Stevens Canyon Road and pass through the park entrance station. Continue 28 miles on Stevens Canyon Road and then Longmire-Paradise Road to Longmire. Park in the lot behind the National Park Inn. Look for the Wonderland Trail sign northwest of the Wilderness Information Center.

The trail follows a segment of the Wonderland Trail in the southwest corner of the Park. It provides stunning wildflower meadows, mosquitoes, and a different perspective to view Mt. Rainier. Hike .2 mile northeast on the Wonderland Trail along the road, then cross the road to the north side. The trail gradually climbs for 1.6 miles through old-growth forest to a saddle on Rampart Ridge. The trail then descends the north side of the ridge through forest to braided Kautz Creek at about 3 miles. Cross the creek on a series of half-log bridges. Pass Pyramid Creek Camp (with toilet) and then soon cross Pyramid Creek at 3.4 miles. The trail then climbs steeply through switchbacks into Devils Dream Creek Valley. At 5.6 miles you come to shady Devils Dream Creek camp (with toilet). The trail grade lessens and passes through open meadows. At 6.1 miles you pass the west shore of Squaw Lake. The trail continues climbing into the open wildflower meadows of the Hunting Ground, reaching the



historic 1915 ranger cabin at 6.8 miles. This makes a nice lunch spot to enjoy the mountain views, wildflowers, and watch for wildlife. Once in the Hunting Grounds, it is tempting to continue another .6 mile northeast to Mirror Lakes (5,400 ft.), named for their good reflections of Mt. Rainier and Pyramid Peak.

13. Summerland and Panhandle Gap

Hard

Hiking Distance: 11.8 miles RT

Elev. Gain: 2,950 ft.

Driving Distance: 33.8 miles one way

Driving Directions: From Packwood drive east on Hwy 12 for about 8 miles. At Hwy 123 turn left (north) for 17 miles. At the junction with Hwy 410, stay to the left to continue north on Hwy 410 for 4.5 miles. Make a sharp left turn onto Sunrise Rd and drive 4.3 miles (passing through the White River Entrance of Mount Rainier National Park) to the Fryingpan Creek Trailhead parking on the right. Cross the road to find the Wonderland Trail.

This hike follows a 6-mile segment of the famous Wonderland Trail all the way to Panhandle Gap (6,800 ft), the highest point on the Wonderland Trail. This is a very popular trail best done on a weekday. If you want to go all the way to Panhandle Gap, clear weather is a must with no chance of thunderstorms. The trail begins climbing gently through forest above Fryingpan Creek with occasional views into steep Fryingpan Canyon. At 3.5 miles you cross the headwaters of the creek on a footbridge. After another .9 mile of steep climbing through switchbacks you reach Summerland Camp (toilet) and a three-sided stone shelter built by the CCC. Extensive subalpine wildflower meadows stretch out to the right of the trail with Mt. Rainier rising above them. Keep an eye out for bears and marmots, which frequent this area. This makes a gorgeous stopping point if you do not want to climb all the way up to Panhandle Gap or if it is still snowed in.

Beyond Summerland the trail quickly enters true alpine terrain of rock, snow, and ice. It crosses two small creeks on rocks and climbs up a series of wooden stairs. The trail also crosses several swift glacial streams on footbridges. If the trail is snow covered, follow the cairns or snow wands. Hiking poles are advised. In 1.4 miles beyond Summerland you reach Panhandle Gap. From there you can look south down into Indian Bar Basin and beyond to Mt. Adams. Watch for mountain goats on the south side of the Gap.

14. Burroughs Mountain

Medium

Hiking Distance: 7 miles RT

Elev. Gain: 1,730 ft.

Driving Distance: 45 miles one way

Driving Directions: From Packwood drive east on Hwy 12 for about 8 miles. At Hwy 123 turn left (north) for 17 miles. At the junction with Hwy 410, stay to the left to continue north on Hwy 410 for 4.5 miles. Make a sharp left turn onto Sunrise Rd and drive 15.5 miles (passing through

the White River Entrance of Mount Rainier National Park) to the Sunriver Visitor Center (food and toilet available).

This was a popular hike during the 2013 Outing. It takes you into alpine terrain frequented by mountain goats and may be the highest day hike in the park if you go all the way to Third Burroughs at 7,830 ft. Be prepared for a snow covered trail at the higher end. Do this trail only in good weather with no chance of thunderstorms. For the shortest route walk west on the gravel maintenance road at the end of paved Sunrise Rd for .9 mile to a junction with the Wonderland Trail. Turn right onto the Wonderland Trail for .5 mile to Frozen Lake and a 5-way junction. Turn left onto the Burroughs Mt. Trail and continue climbing into a tundra environment for .7 mile to First Burroughs (7,000 ft). Continue southwest for another .6 mile to Second Burroughs (7,400 ft) with an amazingly close view of Mt. Rainier. The trail begins to descend toward Glacier Basin Trail, but before it descends look for an unsigned social trail that continues west. Take the social trail for .8 mile to Third Burroughs, the summit of Burroughs Mt. (7,830 ft). From there you can practically touch the face of Mt. Rainier. Views to the west extend from Winthrop Glacier directly below to Mystic Lake Basin. Nothing can be seen to the south except Mt. Rainier, which fills the screen. You can return the way you came, or backtrack to First Burroughs, then turn right onto the Sunrise Rim Trail and then Wonderland Trail back to the Visit Center for an 8.5-mile round trip hike.

15. Tatoosh Ridge and Peak

Hard

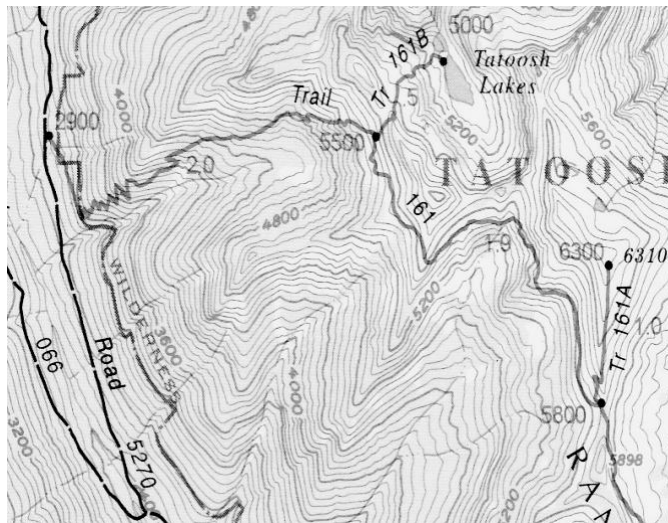
Hiking Distance: 9.8 mile RT

Elev. Gain: 3,410 ft.

Driving Distance: 12 miles one way

Driving Directions: From Packwood drive east on Hwy 12 for .7 mile. Near the Shell gas station turn left onto Skate Creek Rd S. (FS Rd 52) for 4 miles. Turn right onto FS Rd 5270 for 7.1 miles, then bear right at the Y for .2 mile and look for the sign for Tatoosh Trail. Park on the right shoulder in the wide spot in the road.

The trail heads southeast into the Tatoosh Wilderness. It climbs steadily with switchbacks through old-growth forest. There are several social trails that veer off, but stay on the main trail for 2 miles to a signed junction with Tatoosh Lake Trail at the ridgecrest. Turn right onto the ridgetop trail. (The trail to the left descends .5 mile down to Tatoosh Lakes.) This is a glorious ridge walk that goes around three different cirques and through wildflower meadows. After 1.9 miles on the ridgetop with endless views you reach a junction. You can stop here to enjoy the wonderful



views of Mt. Rainier, Goat Rocks peaks, Mt. Adams, Mt. St. Helens, and the peaks of the Tatoosh Range. For even better views, take the sharp left at the junction to climb .7 mile up the steep, open ridgeline with 550 ft. of elevation (included in the reported distance and gain for this hike) to the Tatoosh lookout site (6,310 ft).

16. High Rock Lookout

Medium

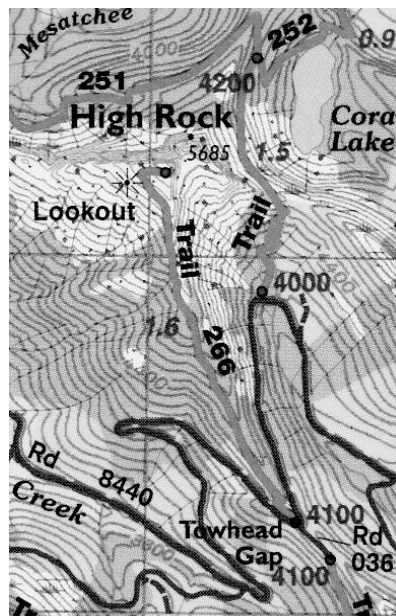
Hiking Distance: 3.2 mile RT

Elev. Gain: 1,400 ft.

Driving Distance: 28 miles one way

Driving Directions: From Packwood drive east on Hwy 12 for .7 mile. Near the Shell gas station turn left onto paved Skate Creek Rd S (FS Rd 52) for 18 miles. Turn left onto gravel FS Rd 84 for 6.7 miles to a Y-junction. Stay to the right onto FS Rd 8440 for 2.6 miles to the trailhead on the left at a flat area known as Towhead Gap. Gravel road sections are very rough and may require a high-clearance vehicle.

This is a steep hike to an historic 1929 fire lookout perched atop High Rock (5,685 ft.) with 360 degree views. The lookout may be staffed this summer. The hike climbs through forest, which gradually thins out near the top. High Rock is an understatement to describe this peak, which has a breathtaking 600-foot high sheer rock wall on its north face. To the north is a wonderful view of Mt. Rainier with Cora Lake far below to the northeast. To the south are Mt. Adams, Mt. St. Helens, and Mt. Hood.



17. Purcell Mountain Lookout

Hard

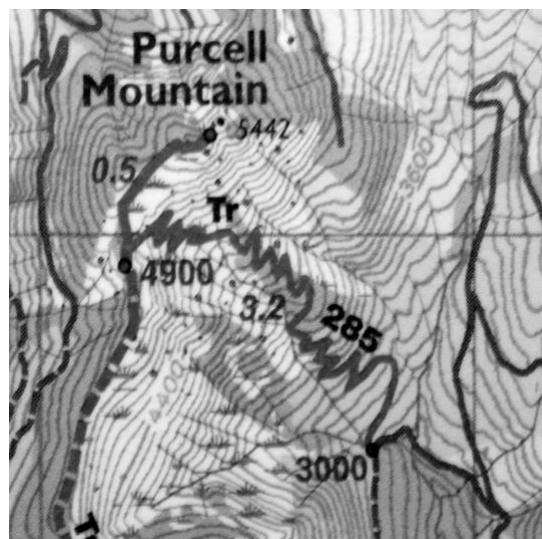
Hiking Distance: 7.4 mile RT

Elev. Gain: 2,600 ft.

Driving Distance: 15.3 miles one way

Driving Directions: From Packwood drive west on Hwy 12 for about 9.7 miles. Turn right onto Davis Creek Rd (the old highway) for .5 mile. Take the first right onto FS Rd 63 for 4.6 miles. Bear left onto FS Rd 6310 for .5 mile to the trailhead on the right.

This is a steep short-cut to Purcell Mt. The trail starts on an abandoned road and climbs through a tree plantation and clear cut, before entering real forest in about 1 mile. After about 2.5 miles with



many switchbacks, the trail passes through meadows. At 3.2 miles turn right at the junction with the longer Purcell Mountain Trail that comes in from the left. The trail continues for another .5 mile to the summit (5,442 ft.), a former lookout site, with great views in all directions. On your return be sure to watch for your sharp left turn onto the Purcell *Lookout* Trail and not continue on down the longer and unmaintained Purcell *Mountain* Trail.

18. Juniper Ridge to Juniper Peak Medium (Hard to Sunrise Peak)

Hiking Distance: 6 miles RT

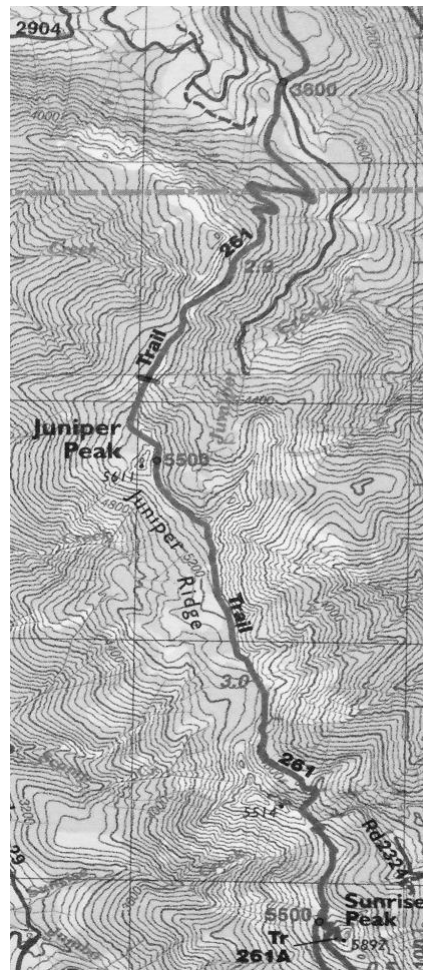
Elevation Gain: 2,000 ft.

Driving Distance: 33.5 miles one way

Driving Directions: From Packwood drive west on Hwy 12 for 15.7 miles to Randle. Turn left (south) onto Hwy 131 for 1 mile. Bear left onto FS Rd 23 (Cispus Rd) for 8.1 miles. Turn right onto FS Rd 28 for .9 miles. Turn left onto FS Rd 29 for 3.8 miles. Turn left onto FS Rd 2904 for 4 miles to the trailhead on the right (3,600 ft).

Juniper Ridge provides a classic ridge hike through forest and open slopes of wildflowers with dramatic views up the Cispus River Valley to Mt. Adams, as well as of Mt. St. Helens and Mt. Rainier. Motorcycles are allowed on Juniper Ridge trails, so these are best done on weekdays.

Begin hiking south. The trail gradually climbs up the north end of the ridge with frequent views (especially behind you to the north) for 2.3 miles to a saddle (4,500 ft). The trail climbs more steeply for the next .6 mile, following the ridge top through extensive flower fields to within 100 feet of Juniper Peak summit (5,611 ft). Look just south of the peak for the short scramble trail to the summit. Enjoy the views of Mt. Rainier, Goat Rocks, Mt. Adams, and Mt. Hood and return, or continue 3 miles through wildflower fields to Sunrise Peak (12 miles RT; 2,090 ft. gain).



19. Dark Meadow Medium (Hard to Jumbo Peak)

Hiking Distance: 8.4 miles RT

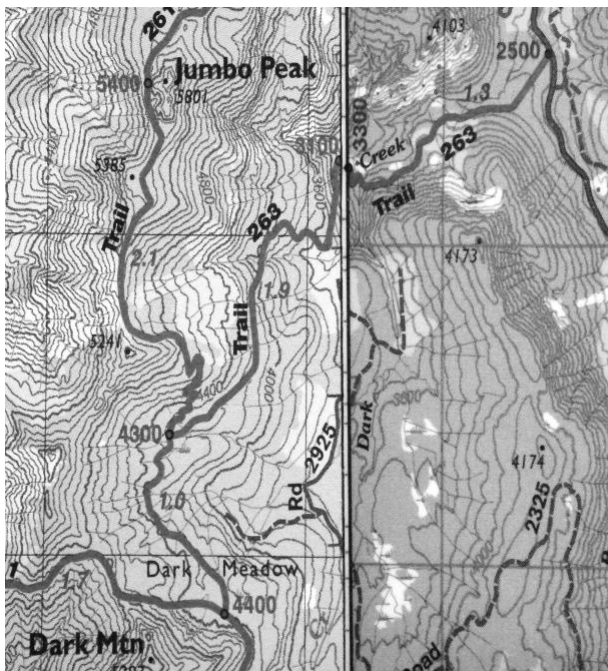
Elev. Gain: 2,300 ft.

Driving Distance: 39.7 miles one way

Driving Directions: Note: It takes about 1 hour and 15 minutes to get to the trailhead. From Packwood drive west on Hwy 12 for 15.7 miles to Randle. Turn left (south) onto Hwy 131 for 1

mile. Bear left onto FS Rd 23 (Cispus Rd) and stay on FS Rd 23 for about 23 miles to the signed trailhead on the right (Trail #263).

Dark Meadow is named for an early prospector. It is actually a bright, sunny ridgetop meadow full of wildflowers, wildlife, and mountain views. The trail begins climbing along Dark Creek and crosses the creek at 1.2 miles. The trail continues to climb up the east side of Juniper Ridge for another 2 miles to the ridge top and the junction with Juniper Ridge Trail #261. This junction may be unsigned and occurs at a sharp right-hand corner on the trail (4,300 ft). Look closely for the left turn to Dark Meadow. Hike .5 mile to Dark Meadow and another .5 mile through the large meadow to explore and find a nice lunch spot. Dark Mountain rises over the meadow to the south.



For a longer hike, on the return to the junction with the Dark Meadow Trail #263, stay on the Juniper Ridge Trail as it climbs north for 2.1 miles to the west side of Jumbo Peak. Watch for a boot path to scramble up 400 ft. to the summit of Jumbo Peak for great views. (12.9 miles RT; 3,800 ft. gain).

Goat Rocks Wilderness

The Goat Rocks Crest is the remains of an ancient volcano that collapsed long before the “new” Cascade peaks (e.g., Mt. Adams, Mt. Rainier, Mt. Hood) formed.

Maps that cover trails in this section are National Geographic Trails Illustrated for Goat Rocks, Norse Peak and William O. Douglas Wilderness Areas (2010); and Green Trails Packwood #302, Whitepass #303, Walupt Lake #335.

20. Packwood Lake Medium

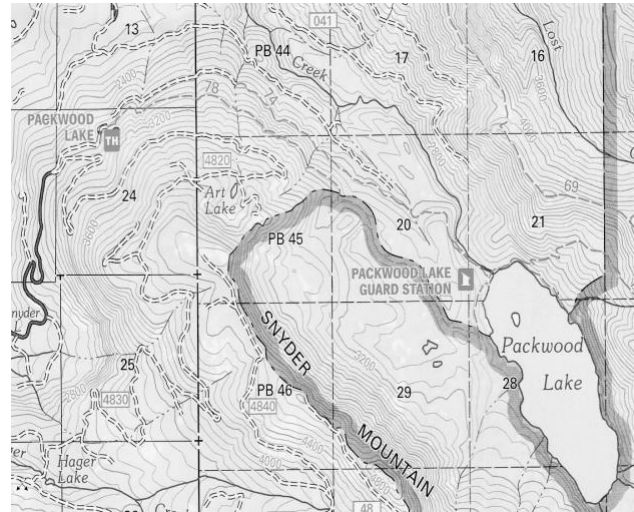
Hiking Distance: 9.2 miles RT

Elev. Gain: 900 ft.

Driving Distance: 7 miles one way

Driving Directions: Drive east through Packwood about 1 mile to the former Ranger Station. Turn right onto FS Rd 1260 for about 2 miles to a junction. Turn right to stay on FS Rd 1260 for 4 miles to the trailhead. A Northwest Forest Pass or equivalent is required at the trailhead.

This is a popular hike best done on a weekday. The trail gradually climbs up the forested valley for 4.6 miles. Near the lake turn left to continue to the north shore, passing an old log ranger station on the way. The best views of Goat Rock peaks are at the north end of the lake, especially the view southeast down the lake to Johnson Peak. Forested Agnes Island is near the north end of the lake. To extend this hike another 3 miles RT, cross the outlet stream on a footbridge and continue hiking along the north end of the lake and along the east shore of this mile and a half-long lake.



21. Glacier Lake Easy

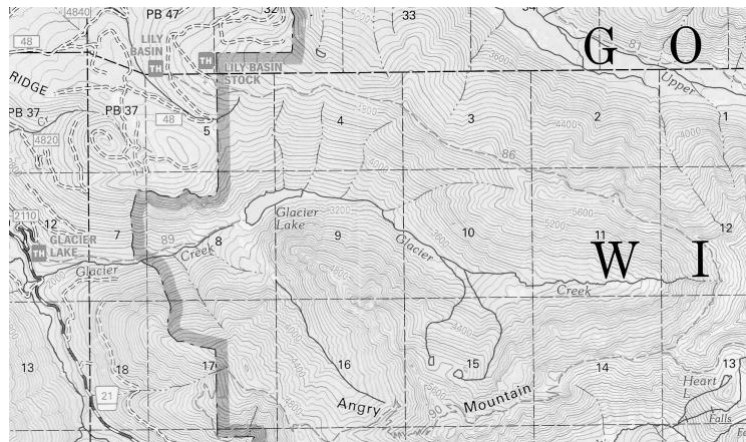
Hiking Distance: 4 miles RT

Elev. Gain: 800 ft.

Driving Distance: 7.5 miles one way

Driving Directions: From Packwood drive west on Hwy 12 for 2 miles. Turn left (south) onto Johnson Creek Rd (FS Rd 21) for 5 miles. Turn left onto FS Rd 2110 for .5 mile to the trailhead on the right.

Start hiking up an old logging road that soon leads into old growth forest. The trail passes huge boulders, remnants of a rock wall that fell and dammed Glacier Creek, creating the pretty alpine lake. You reach the lake in 2 miles. Follow the social trail around the lake to find the best views of the lake and the valley.



22. Lily Basin Medium

Hiking Distance: 8+ miles RT

Elev. Gain: 1,900 ft.

Driving Distance: 11.7 miles one way

Driving Directions: From Packwood drive west on Hwy 12 for 1.5 miles. Turn left onto FS Rd 48 for 9 miles. Stay left at a four-way junction for another 1.2 miles to the trailhead on the right.

The trail passes through an old burn and enters the wilderness in .5 mile. It climbs the ridge high above Glacier Lake, then follows the forested ridgeline for 3.5 miles toward Johnson Peak. The

Map for hikes #21 and #22

forest gives way to steep, broad wildflower meadows in Lily Basin and good mountain views. Turn around wherever you choose, or continue around the basin to the 6-mile mark at the Angry Mountain Trail junction.

23. Lily Lake

Easy

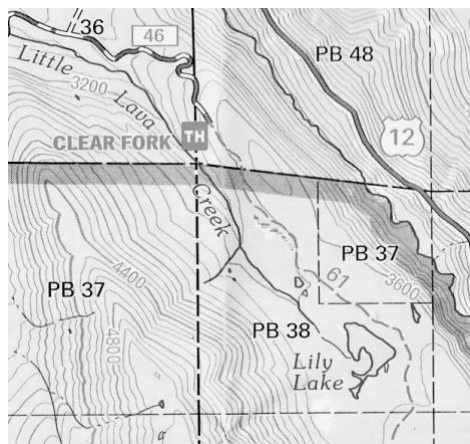
Hiking Distance: 3 miles RT

Elev. Gain: 200 ft.

Driving Distance: 13.1 miles one way

Driving Directions: From Packwood drive 5 miles east on Hwy 12. Turn right (south) onto FS Rd 46 for .6 mile. Take the first left to stay on FS Rd 46 for another 7.5 miles to the Clear Fork trailhead at road's end.

The trail heads southeast and soon enters the Goat Rocks Wilderness. It passes through open forest along the valley floor between Little Lava Creek and the Clear Fork of the Cowlitz River. Watch for deer, elk, beaver, and a variety of birds in this riparian area. At 1.5 miles the trail passes along the north shore of little Lily Lake. You can stop here, or continue for miles further into the wilderness.



24. Goat Ridge/Snowgrass Flat Loop

Hard

Hiking Distance: 13 miles loop

Elev. Gain: 3,180 ft. cumulative

Driving Distance: 21.2 miles one way

Driving Directions: From Packwood drive west on Hwy 12 for 2 miles. Turn south (left) onto gravel Johnson Creek Rd (FS Rd 21) for 15.5 miles. Turn left onto FS Rd 2150 for 3.5 miles towards Chambers Lake Campground. Turn right onto FS Rd 2150-040 for .2 mile to the Berry Patch trailhead at road's end.

This trail has some of the most spectacular alpine wildflower meadows in Washington; ice-rimmed Goat Lake; huge glacier-carved basins; and a fabulous ridge walk with views and more flowers. It was one of the most popular hikes at the 2010 Mt. Adams Outing.

Start hiking on the Goat Ridge Trail No. 95. The trail climbs the east side of Goat Ridge for 1.5 miles through open forest. Ignore the side trail to the left, which soon rejoins the main trail. Meadows and views of Goat Rocks open up over the next several miles. At 4.6 miles the trail crests Goat Ridge in a deep saddle. The saddle provides great views of huge, glacier-carved Jordan Basin to the west and Goat Basin to the east. The trail traverses upper Goat Basin to reach Goat Lake at 5.5 miles. This little lake stays rimmed with ice and snow year-round. Look for mountain goats on the steep cirque walls above the lake. About a half mile before the lake is a spur trail to the left for .5 mile to Hawkeye Point (7,431 ft), an old lookout site.



The best wildflower meadows are still ahead, so continue past the lake and angle south on Snowgrass Flat Trail No. 96 (may also be signed as Lily Basin Trail) for about 3 miles to Snowgrass Flat. Enjoy the wonderful wildflower display, then continue 2 miles downhill to a marshy cedar area. Mosquitoes remain here through August. Soon after the marsh you cross Goat Creek, then continue another 2 miles downhill through forest to the Snowgrass Flat trailhead. Shortly before the trailhead look for the Snowgrass Flat connector trail to take you west to the Berry Patch Trailhead and your car.

25. Nannie Ridge/Walupt Creek Loop

Hard

Hiking Distance: 14.2 mile loop

Elev. Gain: 2,300 ft.

Driving Distance: 23 miles one way

Driving Directions: From Packwood drive west on Hwy 12 for 2.3 miles. Turn south (left) onto gravel Johnson Creek Rd (FS Rd 21) for 16.1 miles. At a triangular junction, turn left onto FS Rd 2160 for 4.5 miles to the trailhead at the east end of Walupt Lake Campground.

This trail offers a long ridge walk with mountain views, wildflower meadows, and alpine lakes. The loop is best hiked clockwise to keep the views ahead of you. The trail can be very dusty.

Start hiking on Trail 101 and turn left in a few yards onto the Nannie Ridge Trail No. 98. Climb steeply for 2 miles through forest, gaining nearly 2,000 ft. At the 3-mile mark the trail crests the ridge below the summit of Nannie Peak (6,106 ft), providing panoramic views of Mt. Adams, Goat Rocks, Mt. Rainier, and Mt. St. Helens. A clear, but unmarked trail on the ridge top climbs 500 ft. in .5 mile to the summit, site of a former lookout (not included in mileage and elevation gain above). The main trail, drops 300 ft. to get around soaring cliffs before climbing back up to the ridge crest. Hike along the ridge crest through wildflower meadows for 1.5 miles to pretty, little Sheep Lake (5,710 ft) near the PCT junction. Sheep Lake is surrounded by flowers, a nice stop for lunch and to enjoy the view of Mt. Adams across the lake. Mountain goats may be seen here. Turn right onto the PCT and hike past meadows and ponds, staying high on the ridge overlooking Walupt Creek Valley over 1,800 ft. below. Turn right (northwest) onto the Walupt Lake Trail and descend 1,000 ft. in 2 miles to Walupt creek. Hike another 2.3 miles through the forested Walupt Creek Valley and along the north shore of Walupt Lake back to the trailhead.



Mt. Adams Wilderness

This hike is just 30 miles south of Packwood on the north face of Mt. Adams. It was popular during the 2010 Mt. Adams Outing. The National Geographic Trails Illustrated map for Mount St. Helens, Mount Adams covers this trail.

26. Killen Creek Meadows and High Camp Medium

Hiking Distance: 8.2 miles RT

Elevation Gain: 2,300 ft.

Driving Distance: 30.7 miles one way

Driving directions: From Packwood drive west on Hwy 12 for 2.3 miles. Turn left (south) onto gravel Johnson Creek Rd (FS Rd 21) for 16.1 miles. At a triangular junction, turn left onto FS Rd 2160 for 1.8 miles. Turn right onto FS Rd 56 for 1.1 miles. Turn left onto FS Rd 2329 for 9.4 miles, passing Killen Creek Campground, to the Killen Creek Trailhead on the left.

This trail is justifiably popular and is best done on a weekday. The trail starts at the Mt. Adams Wilderness boundary and climbs southeast directly toward Mt. Adams with constant views of the mountain ahead and a variety of wildflowers at your feet. Climb gradually through forest for 2.5 miles to a big wildflower meadow and East Fork Adams Creek. Proceed another .5 mile, cross the PCT (6,100 ft), and bear right to find the fainter High Camp Trail. This trail is steep and rocky as it climbs 1 mile up a spur ridge to another big meadow at trail's end high above timberline (6,900 ft). Vast meadowlands extend on either side of the spur ridge. Besides great views of Mt. Adams and its glaciers, there are also great views of Mt. Rainier and Goat Rocks to the north. Mountain goats are often seen here.

